



THE ROMAN CATHOLIC PARISH OF ST. TIMOTHY

Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.

Archdiocese of St. Boniface
135 John Forsyth Road
Winnipeg, Manitoba R2N 1R3

Email: info@st-timothy.ca
Phone: (204) 949-3760
Website: st-timothy.ca

Mass Schedule

THE LORD'S DAY:

Saturday at 4:00 pm
Sunday at 9:00 am & 11:00 am

WEEKDAY MASS:

Tuesday to Friday at 9:30 am

Office Hours

Tuesday, Wednesday & Thursday
9:00 am to 3:00 pm
(closed noon - 1:00 pm)

NOTE: Fr. Brian will be away from July 20-24, 2026

July 12, 2026 • 15th Sunday in Ordinary Time

“The seed is the word of God, Christ is the sower; all who come to Him will live for ever.”

GOSPEL ACCLAMATION

Sacraments

Reconciliation (Confession) – Half an hour before Mass, or you may make an appointment by contacting Fr. Brian.

Anointing of the Sick – By appointment. Contact Fr. Brian or the parish office.

Baptisms – Contact the parish office three months in advance.

Weddings – Contact the parish office at least six months in advance.



THE SOWER (SOWER AT SUNSET)
VAN GOGH, 1888

Pastor: Fr. Brian Trueman
fr.brian@st-timothy.ca | 204-949-3769

Parish Administrative Assistant:
Paulene Limonar
paulene@st-timothy.ca | 204-949-3760

Parish Accountant: Diane L'Arrivee
diane@st-timothy.ca | 204-949-3768

Custodian: Ignatius Zinowko
custodian@st-timothy.ca

Coordinator of Religious Education:
Michelle Coyne
michelle@st-timothy.ca | 204-949-3764

Youth Ministry Coordinator:
Vince Diestro
youth@st-timothy.ca | 204-257-3723

Pastoral Care and Safe Environment Officer:
Maria Castellano | maria@st-timothy.ca

Parish Pastoral Council:
ppcsttimothy@gmail.com

Society of St. Vincent de Paul:
ssvpwinnipeg@gmail.com

Refugee Ministry:
st.timothyrefugeeministry@gmail.com

Bulletin: Submit by Tuesday
bulletin@st-timothy.ca



COMING UP...

**Monday, July 13 to
Wednesday, July 15**

CSE Day Camp
9 am - 5 pm | Parish Hall

Monday, July 13

Fan into Flame
Prayer Group
Rosary - 6:30 pm
Meeting - 7 pm | Parish Hall



Tuesdays after Mass

Exposition, Adoration of
the Blessed Sacrament
& Benediction

Please remember in
your prayers...

† *Henrietta Decuypere*

Her funeral service will be on
Thurs., July 16 at 11:00 am.

† *Perla Villegas*

Her funeral service will be on
Fri., July 17 at 11:00 am.

Please remember their
family, and all those who
grieve the loss of a loved
one. ❤️

UPCOMING READING

16th Sunday in Ordinary Time

Wisdom 12:13, 16-19
Romans 8:26-27
Matthew 13:24-43

Mass Intentions for July 11-19, 2026

Sat., July 11	4:00 pm	†	Lucille Tough from Christ Tough
Sun., July 12	9:00 am		In thanksgiving for the 65th birthdays of my parents Marilou and Homer from Paulene Limonar
Sun., July 12	11:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman
Tue., July 14	9:30 am	†	Anthony Huan Hoang from Anthony Hung Hoang
Wed., July 15	9:30 am	†	Eleanor Nordlund from Anthony Hoang
Thu., July 16	9:30 am	†	Adeline Bourbonniere from Noel and Jeannine Audet
Fri., July 17	9:30 am	†	Victor Pagtakhan Jr. from Teresita Chiarella
Sat., July 18	4:00 pm		In thanksgiving from Rick and Fidelina Pabuaya
Sun., July 19	9:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman
Sun., July 19	11:00 am	†	Alojzia and Sylvester Bielik, and deceased family members from Josie Landry and Bielik family

Monthly Prayer Intention of Pope Leo XIV



For respect of human life

Let us pray for the respect and protection of human life in all its
stages, recognizing it as a gift from God.

THIS WEEK ON FORMED: Visit [formed.org/signup](https://www.formed.org/signup)



St. Kateri Tekakwitha | God's Princesses

Follow along with Sister Imelda as she tells of the inspiring
journey of Saint Kateri Tekakwitha, a young Mohawk girl who
comes to know the Gospel with the help of pioneering priests.
Choosing to follow Jesus, Kateri is faced with great challenges
as she does her best to bring God's love to her own people! A
fun and inspiring example of not giving up!



St. Bonaventure | Catholic Saints

A Franciscan cardinal-bishop and contemporary of St. Thomas
Aquinas, St. Bonaventure is an excellent example of saintly
humility. Known as the "Seraphic Doctor," St. Bonaventure
loved God above all else. Join Dr. Chris Mooney and Mary
McGeehan as they explore the life of this great saint.



What Catholics Believe About Mary: Immaculate Conception, Virginity & the Rosary

Join Dr. Edward Sri as he answers some of the internet's most
asked questions about Mary. Who is Mary? Why do Catholics
pray to Mary? How could she be a virgin if Jesus had brothers
and sisters according to the Bible? Find out answers to these
and more questions in this episode of What Catholics Believe.



Do This in Remembrance of Me, Part 76: Prayer after Communion

“Let us pray.” Following Holy Communion and our time for prayer, we prepare to go forth out into the world. This is called the Prayer after Communion. As the General Instruction of the Roman Missal says, “To bring to completion the prayer of the People of God, and also to conclude the whole Communion Rite, the Priest pronounces the Prayer after Communion, in which he prays for the fruits of the mystery just celebrated....The people make the prayer their own by means of the acclamation Amen”(GIRM, 89). According to the Diocese of Peoria, “Oftentimes [this] Prayer beseeches God to put the graces received in the Eucharist into practice, and to bring the celebration to fulfillment in Heaven. [This] Prayer often indicates our mission as disciples of Christ in the world” (A Study of the Mass, p.20).

Short, Quick, and Wonderful Prayers

These prayers can very often be short and quick... although to miss them is truly to miss something wonderful. For example, consider these Prayers after Communion from the Solemnities of our Lord during Ordinary Time:

The Most Holy Body and Blood of Christ (Corpus Christi): “Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever.”

The Most Sacred Heart of Jesus: “May this sacrament of charity, O Lord, make us fervent with the fire of holy love, so that, drawn always to your Son, we may learn to see him in our neighbor. Through Christ our Lord.”



Our Lord Jesus Christ, King of the Universe: “Having received the food of immortality, we ask, O Lord, that, glorying in obedience to the commands of Christ, the King of the universe, we may live with him eternally in his heavenly Kingdom. Who lives and reigns for ever and ever.”

While I certainly would enjoy sharing many more of these rich prayers, these examples give us a good idea of what we are praying at this part of the Mass. We are recalling the amazing gift we have received. We are asking that the fruits of Jesus truly present will strengthen us in his love as we go out in the world. We are looking toward sharing the fullness of life with our loving Lord in the Kingdom of Heaven.

Preparing to Go Forth as Missionary Disciples

As Charles Belmonte teaches, the Prayer after Communion actually helps very well to pull together what we have heard, said, and done at the Mass: “We have been nourished with the ‘bread of life,’ the food which is the source of our fortitude. This virtue of fortitude enables us to sustain the daily combat against our passions and our weaknesses... The virtue of fortitude goes hand in hand with the capacity of sacrificing oneself... The Gospel is addressed to weak, poor, meek and humble men, to peacemakers and to the merciful, but, at the same time, it contains a constant appeal to fortitude. The Gospel often repeats: ‘Fear not’ (Mt 14:27). It teaches man that, for a just cause, for truth, for justice, one must be able to ‘lay down one’s life’ (Jn 15:13)... We can profit a lot from the Prayers after Communion by using them as an inspiration for personal reflection during the course of the day”(Understanding the Mass, p.191–3).

Being honest with ourselves, we know that sometimes at this point in the Mass we are looking ahead to what is next, perhaps a nice family meal or enjoying the big game. The Prayer after Communion, however, reminds us that the fruits of the Mass don’t just take place within the church walls—they also happen in our minds and hearts. As we get ready to go forth, hopefully we have been strengthened with resolve for faithfulness. Hopefully, our hearts have become more like the One who loves us best.

So, instead of thinking past this moment in the Mass to your exit plan from the parking lot, why not use this as one last opportunity to put everything together and really prepare to go out into the world as a missionary disciple of Jesus Christ? If we do this, we won’t as easily forget the great graces we have received at the Holy Mass. Instead, we will actively carry them with us throughout the day—and even better—share them with others!

KNIGHTS KNEWS



- Congratulations to **Kendra Korchinski**, recipient of the **Harry and Carol Harapiuk Bursary!**
- The Knights of Columbus extend their sincere thanks to our parish community and friends of the parish for your generous support of our Annual Meat Draw. Congratulations to this year's winners: **Ted Kist, Rob Tremblay, Rick Lachance, Gerry Noonan, Louis, Moe Robson, and John Bell.**
- Also included are photos of the Knights and their families enjoying Rainbow Stage's performance of *Jesus Christ Superstar*. It was truly an incredible show!



Prayer & Life Workshop

Information Session
Wednesday, September 9, 2026
at St. Timothy Parish
6:30 PM to 8:30 PM



"Abide in me, and I in you....I am the vine, you are the branches. He who abides in me, and I in him, he it is that bears much fruit, for apart from me you can do nothing." John 15: 4-5

We are pleased to invite you to the Prayer & Life Workshop. Discover a deeper relationship with Jesus through prayer and reflection. Join us for a unique journey into prayer, where you will learn how to set aside sacred time each day to meet the Lord, meditate on His Word, and deepen your friendship with Him. Discover how prayer can become a source of peace, direction, and joy in your daily life.

For more information: 204-869-8175 | manitoba@tovpil.ca
For poster, [click here](#).



Photo Gallery - Diocesan Multicultural Mass on July 1

The Archdiocese of Saint Boniface celebrated a joyful diocesan multicultural Mass on July 1 at Saint Boniface Cathedral.

A full cathedral gathered for this special Eucharistic celebration of our archdiocese's cultural diversity and Christian hope. In his homily, Archbishop LeGatt encouraged everyone to help build our country through their choices, actions, rejection of division, and love of neighbor. The celebration continued with musical performances and dishes representing the many cultures in our parishes. A wonderful Canada Day celebration—and no rain! [Click here](#) to view the photo gallery.

REFLECTIONS



WEEKLY MARRIAGE TIP

What's your favorite religious or spiritual book other than the Bible? Why has it touched you so? Has your spouse also read it? If your favorite is not the same, time to try a new book!



STEWARDSHIP REFLECTION

July 12, 2026 – Fifteenth Sunday in Ordinary Time

"For as the rain and snow come down from the heaven and do not return there till they have watered the earth, making it fertile and fruitful... so shall my word be that goes forth from my mouth. My word shall not return to me empty, but shall do my will, achieving the end for which I sent it." Isaiah 55:10-11

Stewardship is what we do with our lives after we say, "I believe." The word of God is only fulfilled when we act on it. Does our faith bear fruit in our gifts of time, talent, and treasure?



GRIEF REFLECTION

Sometimes we need someone to just listen. Not to try and fix anything or offer alternatives, but to just be there. An ear that listens can be medicine for a heart that hurts.



2026 Pastoral Appointments

On behalf of Archbishop Albert LeGatt, we are pleased to send you the Letter of the Pastoral Assignments for the current year. Please [click here](#) to download this letter.



Last weekend, Fr. Brian was one of three keynote speakers at the Missionary Families of Christ (MFC) Singles Canada Conference, **Rooted & Rising**, held in Winnipeg. In the opening session, *Rooted in Christ*, he invited participants to deepen their relationship with Christ by becoming firmly rooted in Him through prayer, Scripture, the sacraments, and community life. He encouraged the young adults to build their identity on Christ alone, remain steadfast through life's challenges, and bear lasting fruit by living lives grounded in faith and holiness.

On behalf of MFC, thank you to Fr. Brian and Fr. Serge for being with us this weekend and for sharing your time, wisdom, and encouragement with everyone who attended from all over Canada.