



THE ROMAN CATHOLIC PARISH OF ST. TIMOTHY

Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.

Archdiocese of St. Boniface
135 John Forsyth Road
Winnipeg Manitoba R2N 1R3

Email: info@st-timothy.ca
Phone: (204) 949-3760
Website: st-timothy.ca

Mass Schedule

THE LORD'S DAY:
Saturday at 4:00 pm
Sunday at 9:00 am & 11:00 am

WEEKDAY MASS:
Tuesday to Friday at 9:30 am

Office Hours

Tuesday, Wednesday & Thursday
9:00 am to 5:00 pm
(closed noon - 1 :00 pm)

February 22, 2026 • 1st Sunday of Lent

“For just as by the one man’s disobedience the many were made sinners, so by the one man’s obedience the many will be made righteous.”

ROMANS 5:19

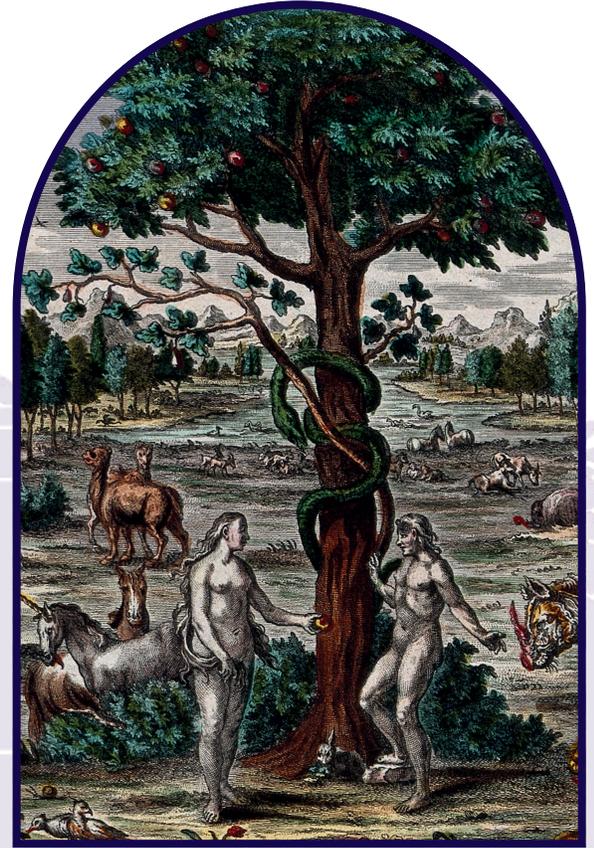
Sacraments

Reconciliation (Confession) – Half an hour before Mass, or you may make an appointment by contacting Fr. Brian.

Anointing of the Sick – By appointment. Contact Fr. Brian or the parish office.

Baptisms – Contact the parish office three months in advance.

Weddings – Contact the parish office at least six months in advance.



IN THE GARDEN OF EDEN
SOURCE: WIKIMEDIA COMMONS

Pastor: Fr. Brian Trueman
fr.brian@st-timothy.ca | 204-949-3769

Parish Administrative Assistant:
Paulene Limonar
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Parish Accountant: Diane L'Arrivee
diane@st-timothy.ca | 204-949-3768

Coordinator of Religious Education:
Michelle Coyne
michelle@st-timothy.ca | 204-949-3764

Youth Ministry Coordinator:
Vince Diestro
youth@st-timothy.ca | 204-257-3723

Pastoral Care and Safe Environment Officer:
Maria Castellano | maria@st-timothy.ca

Seminarian:
Anthony Hoang | anthony@st-timothy.ca

Custodian: Ignatius Zinowko
custodian@st-timothy.ca

Parish Pastoral Council:
ppcsttimothy@gmail.com

Society of St. Vincent de Paul:
ssvpwinnipeg@gmail.com

Refugee Ministry:
st.timothyrefugeeministry@gmail.com

Bulletin: Submit by Tuesday
bulletin@st-timothy.ca



COMING UP...

Saturday, Feb. 21

Adult Faith Formation & RCIA
10:00 am | Parish Hall

Monday, Feb. 23

Fan into Flame
Prayer Group
Rosary - 6:30 pm
Meeting - 7 pm | Parish Hall

Tuesdays after Mass

Exposition, Adoration of
the Blessed Sacrament
& Benediction after Mass

Tuesday, Feb. 24

Grief Support Group Coffee
1:30 pm | Library

Friday, Feb. 27

Stations of the Cross
7:00 pm

We joyfully welcome
this child into the Body of
Christ through the
Sacrament of Baptism:

*Evelyn Anne, daughter of
Frederik and Ashley*

She will be baptized on
Saturday, February 21
at the 4:00 pm Mass



2nd Sunday of Lent

Genesis 12:1-4
Psalm 33
2 Timothy 1:8-10
Matthew 17:1-9

Mass Intentions for February 21-March 1, 2026

Sat., Feb. 21	4:00 pm	†	Bill and Alma Horodyski from Grace Grindean
Sun., Feb. 22	9:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman
Sun., Feb. 22	11:00 am	†	Deceased parents and grandparents from Elias Cheway
Tues., Feb. 24	9:30 am	†	George Tough from Chris Tough
Wed., Feb. 25	9:30 am	†	Gerard Rodrigue from Rosemay Law
Thurs., Feb. 26	9:30 am		Special Intention for Amaljith Thomas from Nimisha Sajeev
Fri., Feb. 27	9:30 am	†	Barry Neville from Donna MacCormack
Sat., Feb. 28	4:00 pm	†	David Bouchard from Joel and Linda Bouchard
Sun., Mar. 1	9:00 am		In Thanksgiving from Grace Grindean
Sun., Mar. 1	11:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman

Lent

CONFESSIO



Lent Penitential Liturgies in Parishes in our Deanery

Mary, Mother of the Church – Tuesday, Mar. 3 at 7 pm
Christ the King Parish – Wednesday, Mar. 11 at 7pm
St. Emile Parish – Friday, Mar. 13 at 7pm
Holy Cross Parish – Friday, Mar. 20 at 7pm

St. Timothy Parish with Illuminate Ministry Friday, March 20 at 7 pm

St. Andrew Bobola Parish – Saturday, March 21 at 6 pm
Holy Family – Sunday, March 22 at 2 pm
St. Bernadette Parish – Thursday, March 26 at 7 pm
St. Norbert – Friday, March 27 at 7 pm

ILLUMINATE



Evening of Adoration of the Blessed Sacrament – March 20

Join us for an evening of Eucharistic Adoration, Praise & Worship, and Reconciliation on Friday, March 20 at 7:30 PM at St. Timothy Parish, 135 John Forsyth Rd, Winnipeg. Come and worship Jesus in the Blessed Sacrament as part of a vibrant Catholic community. All are welcome!

For more details, visit www.illuminatemb.com
or facebook.com/illuminatemb.
We look forward to worshipping with you!



Do This in Remembrance of Me, Part 57: The Great Amen

Amen! Today we look at our response at the end of the doxology: the Great Amen. After the priest sings or says, “Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever,” the people respond with, “Amen!” What exactly does Amen mean? Amen is a special word that most often is understood to mean, “So be it.”

What Does the Word “Amen” Mean?

As the glossary of our Catechism says, Amen is “A Hebrew word meaning ‘truly; it is so; let it be done,’ signifying agreement with what has been said. The prayers of the New Testament and of the Church’s liturgy, and the Creeds, conclude with ‘amen.’ Jesus used the word to introduce solemn assertions, to emphasize their trustworthiness and authority” (CCC, p. 865). As Edward Sri writes, “‘Amen’ transliterates a Hebrew word that affirms the validity of what has been said and was often used in liturgical settings. For example, when the Levites sang, ‘Blessed be the Lord, the God of Israel, from everlasting to everlasting,’ the people joined in this blessing of God by exclaiming, ‘Amen!’ (1 Chr 16:36).” Sri goes on to say, “Most notable is how the angels and saints in heaven cry out ‘Amen’ as they sing their part in the chorus praising God in the heavenly liturgy. In the book of Revelation, every living creature in heaven and earth and under the earth says, ‘To him who sits upon the throne and to the Lamb be blessing and honor and glory and might for ever and ever!’ And in response, the angelic creatures say ‘Amen!’ as if to shout out, ‘Yes! May the Lord be blessed and honored forever!’” (A Biblical Walk Through the Mass, p. 120).

What is the “Great Amen” in the Mass?

Ok, so why is the “Amen” of this part of the Mass called the “Great Amen”? Fr. Oury teaches, “The Amen of the people has special importance at this moment of the celebration. It is more than ever a response and assent. Concerning it Bossuet wrote: ‘In the Book of Revelation the elect are represented to us as ever singing Amen to God. Amen in sacred parlance is Yes, a firm and definite Yes that conquers assent, or rather, the whole heart. That is how they love in heaven. Ought we not do so on earth?’” (The Mass, p. 103). Similarly, Charles Belmonte instructs, “This is the most important Amen in the Mass. It is for us both a resolution and a prayer. A resolution upon which our love for God blooms; a prayer based on the future hope of resurrection” (Understanding the Mass, p. 163).



How Should We Say the “Great Amen”?

If we think about our journey through the Mass, it makes sense to say this Amen is the most important. Take a moment to think about what has recently happened in the Mass: bread and wine were brought forward, along with all our prayers and sacrifices offered in union with Jesus. Through the words and actions of Jesus, the priest prayed the Eucharistic Prayer, and the bread and wine have been changed into the very Body, Blood, Soul, and Divinity on the altar: Jesus himself is truly present with us! This is Almighty God with us! This is Jesus who loved us so perfectly that he gave everything for us! This is the moment of Jesus being offered to the Father in perfect praise, and we have been invited to join with Jesus!

Hopefully, we are so excited about what has just taken place that we want to belt out our Amen with great joy and fervor! With this mentality of joy and celebration, Belmonte quotes St. Jerome: “Let us sing or say the Great Amen with all our hearts united to all our brothers. Let it resound the whole world over, as the Amen of our early brothers in the faith ‘resounded in heaven, as a celestial thunderclap in the Roman basilicas’” (Understanding the Mass, p. 163). Wouldn’t that kind of “Amen” get the attention of our neighbors? “What was that loud sound that shook the ground? Oh, it was the Catholics at Mass singing Amen!”

For Reflection:

1. The Book of Revelation uses “Amen” as another name for Jesus: “The Amen, the faithful and true witness, the source of God’s creation...” (Rev. 3:14). The angels, elders, and four living creatures use this word at both the beginning and end of prayer (see Rev. 7:12; cf. Rev. 19:4). In your own prayer, spend time with this word and allow its meaning to penetrate your life.
2. When you face joys and challenges throughout the day, take a moment to pray (silently or audibly), “Amen,” as a way of accepting God’s will.

PARISH NEWS

Our Tuesday evening catechism families celebrated a beautiful Mass together last week, February 10th. The children proudly performed the various ministries (distributing Mass booklets, carrying the cross, altar serving, reading, bringing up the gifts, bringing up donations) and donated food for SSVF. A big thank you to the 11 am choir for providing the music for us. — Michelle Coyne, Coordinator of Religious Education



Stations of the Cross • Fridays in Lent

Join us each* Friday in Lent at **7:00 pm** to pray the Stations of the Cross and meditate on our Lord's Passion. Come draw closer to Christ and enter more deeply into this sacred season. All are welcome!

* except March 20, 2026

Fish Fry Dinner by Knights of Columbus • Saturday, March 7 • Doors Open at 5:00 pm

Menu: Pickerel, Lemon Potatoes, Coleslaw, Dessert | **\$ 25 Adults • \$ 15 Children** (12 years and under) | Tickets are available from the Knights of Columbus after Mass.

Come enjoy a great meal while supporting our Youth Ministry!



Message from Holly and Daniel from 11:00 am Mass

Hello church family,

Baby Leo was born at the end of October. He had a rough start after birth and spent 5 weeks in the NICU, including a stay in Edmonton. **Thank you to everyone for all your thoughts, prayers, and support through this long journey.** We are so blessed to be part of such a caring community. We look forward to coming back in the near future.

Ever grateful,
Holly, Daniel, and baby Leo

Let's continue to pray for healing and growth...



Adult Faith Formation & RCIA: Symbolon – The Faith of the Church



It's not too late to join **every Saturday at 10:00 am** for our 16-part series exploring the beauty and depth of the Catholic faith! Guided by the Creed, *Symbolon* covers Catholic history, core teachings, the sacraments, and inspiring stories of the saints—helping you understand, live, and share your faith with confidence.

Next Session – Ep 6: “Born of the Virgin Mary”

If you'd like to catch up (optional), the first five episodes are available here: [Watch on FORMED](#) ↗



WEEKLY MARRIAGE TIP

"Whoever wishes to come after me must deny himself, take up his cross, and follow me." (Mt 16:24) We never have to carry our crosses alone. Turn to Christ, and allow your spouse to help you carry your cross as well.



STEWARDSHIP REFLECTION

February 22, 2026 - 1st Sunday of Lent

"It is written: 'The Lord, your God, shall you worship and him alone shall you serve.'" MATTHEW 4:10

Tempted between the riches and power of this world and service to God, Jesus chose service to His Father. If we wish to truly follow Jesus, we, too, must decide to turn away from worldly power and riches and put God at the center of our lives. Lent is our time to prune ourselves of earthly things and develop and nurture heavenly things. Lent is time to repent and let go of the other "gods" we have put before God.



GRIEF REFLECTION

"The friend who can be silent with us in a moment of despair or confusion, who can stay with us in an hour of grief and bereavement, who can tolerate not knowing... not healing, not curing... that is a friend who cares." – From Henri Nouwen



'God's touch' in clinical world: special mass praises health-care workers (Winnipeg Free Press)

Bishops from all four Roman Catholic archdioceses in Manitoba held a special mass to thank health-care workers Wednesday evening in southwest Winnipeg. Bishops Murray Chatlain of Winnipeg, Albert Legatt of Saint Boniface, Lawrence Huculak of the Ukrainian Catholic Archeparchy and Susai Jesu of Keewatin-Le Pas – presided over the first mass of appreciation in the province for all who work in health care in Manitoba.

The mass was sponsored by the Catholic Health Care Association of Manitoba and held at St. Gianna Beretta Molla Parish on the Roman Catholic Church's world day of the sick.

To read the complete article by reporter John Longhurst, [click here](#).



Employment Opportunities – St. Boniface Diocesan High School – School Principal (Commencing September 2026)

At St. Boniface Diocesan High School, we are called to assist in the Church's mission of education. St. Boniface Diocesan High School seeks to serve students, parents, and the Catholic community by educating the whole person through quality education in a Christ-centered environment. Established in 1965, St. Boniface Diocesan High School is an English Roman Catholic high school in the Archdiocese of Saint Boniface. This co-ed diocesan high school offers strong academic and religious program to students in grades 9 – 12 with a variety of optional courses and extra-curricular programs. The school enjoys strong parental support, active student involvement and a dedicated, caring staff.

The School Principal is a leader who upholds traditional Catholic values, models the faith with integrity, and actively engages staff in shared decision-making and school improvement. You provide the overall educational leadership for the school by fostering an environment that nurtures Catholic faith formation, supports academic excellence and ensures the school's vitality and long-term viability. You are also responsible for maintaining a welcoming and inclusive atmosphere that encourages a genuine love of learning among all members of the school community. You ensure the effective operation of a Catholic education program by providing leadership in curriculum development and programming, financial and personnel management, student/teacher/program evaluations, public relations, planning, safety, facility maintenance and development.

For a complete description of the position as well as the job qualifications required, please [click here](#).

If you want to be part of St. Boniface Diocesan High School, and believe that you can contribute to this community, please apply and forward the following documents to the Human Resources Committee below:

Human Resources Committee – St Boniface Diocesan High School C/O Manitoba Catholic Schools Office
1495 Pembina Highway, Winnipeg, MB. R3T 2C
Email: mcsadmin@archwinnipeg.ca

This posting will remain open until **Friday, March 13, 2026** or until the position is filled.

THIS WEEK ON FORMED • Sign-up using our parish subscription for FREE !

Search "Parish of St. Timothy" or "R2N 1R3" on formed.org/signup



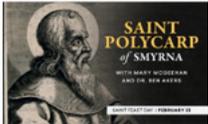
Foretold

From the beginning, God had a plan to save man from sin. With Jesus, that plan was fulfilled. But he also has a specific plan for you. Watch Foretold to rediscover God's providential love for you.



Saint Peter

Watch the epic story of the spread of Christianity during the early years of the Church. This film follows the journey of St. Peter through his martyrdom on a cross.



St. Polycarp | Catholic Saints

Join Dr. Ben Akers and Mary McGeehan as they dive into the life of St. Polycarp, a second century bishop and martyr. St. Polycarp was a student of St. John the Apostle, defended the faith against early heresies, and offered his life like Christ as a martyr.

PILGRIMAGE TO GREECE & TURKEY



Discovering St. Paul & St. John with Fr. Brian Trueman October 19–31, 2026



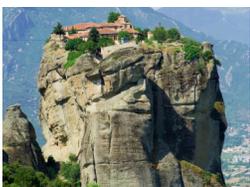
PHILIPPI & NORTHERN GREECE - Acts 16

- Philippi, Site of Lydia's Baptism
- Prison of St. Paul and Silas, Kavala, and more



THESSALONIKI - Acts 17

- City of Thessaloniki, Church of St. Demetrios
- Roman Agora, Vlatadon Monastery
- Church of St. Paul & Paul's Lodging Site



METEORA

- Meteora Monasteries



DELPHI - Acts 18

- Sanctuary of Apollo, Gallio Inscription



ATHENS - Acts 17

- Athens, Acropolis, Mars Hill (Areopagus)

CORINTH - Acts 18

- Ancient Corinth, Site of Paul's Trial
- Fountain of Peirene & Temple of Apollo

Embark on an unforgettable
5-day ALL-INCLUSIVE Cruise:

MYKONOS, GREECE

- Shore excursion through the Mykonian countryside, including Chora (Mykonos Town) and Little Venice.

KUŞADASI & EPHEBUS, TURKEY

- Shore excursion to the House of the Virgin Mary and Ancient Ephesus
- BONUS: Visit the ruins of the Basilica of St. John, situated on Ayasuluk Hill

PATMOS, GREECE

- Shore excursion to St. John's Monastery, Grotto, and Cave of the Apocalypse

SANTORINI, GREECE

- Shore excursion to the spectacular Oia Village perched on the Caldera Rim



* To see inclusions and exclusions, see [full poster here](#), or check out our bulletin board in the parish. **20 people have registered, so far!**

For more info, contact **Melvin or Maria** from Galaxy Travel Ltd at 431-777-8877 or galaxytravelcanada@gmail.com.