



# THE ROMAN CATHOLIC PARISH OF ST. TIMOTHY

*Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.*

Archdiocese of St. Boniface  
135 John Forsyth Road  
Winnipeg Manitoba R2N 1R3

Email: [infoest-timothy.ca](mailto:infoest-timothy.ca)  
Phone: (204) 949-3760  
Website: [st-timothy.ca](http://st-timothy.ca)

## Mass Schedule

### THE LORD'S DAY:

Saturday at 4:00 pm  
Sunday at 9:00 am & 11:00 am

### WEEKDAY MASS:

Tuesday to Friday at 9:30 am

## Office Hours

Tuesday, Wednesday & Thursday:  
9:00 am TO 5:00 pm  
(closed noon - 1:00 pm)

## January 11, 2026 • The Baptism of Jesus

*And a voice from heaven said, "This is my Son,  
whom I love; with him I am well pleased."*

MATTHEW 3:17

**Sacrament of Reconciliation (Confession):** Half an hour before Mass, or you may make an appointment by contacting Fr. Brian.

**Sacrament of the Anointing of the Sick:** By individual appointment. Contact Fr. Brian or the parish office.

**Baptisms:** Contact the parish office three months in advance.

**Weddings:** Contact the parish office at least six months in advance.



BARTOLOME MURILLO. BAPTISM OF THE LORD, OIL ON CANVAS, 1655.

**Pastor:** Fr. Brian Trueman  
[fr.brianest-timothy.ca](mailto:fr.brianest-timothy.ca) / 204-949-3769

**Parish Administrative Assistant:**  
Paulene Limonar  
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Michelle Coyne  
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**Youth Ministry Coordinator:**  
Vince Diestro  
[youthest-timothy.ca](mailto:youthest-timothy.ca) / 204-257-3723

**Pastoral Care and  
Safe Environment Officer:**  
Maria Castellano / [mariaest-timothy.ca](mailto:mariaest-timothy.ca)

**Seminarian:**  
Anthony Hoang / [anthonyest-timothy.ca](mailto:anthonyest-timothy.ca)

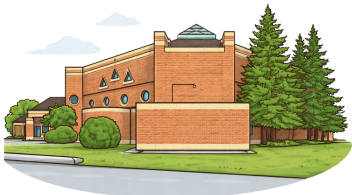
**Custodian:** Ignatius Zinowko  
[custodian@st-timothy.ca](mailto:custodian@st-timothy.ca) / 204-949-3760

**Parish Pastoral Council:**  
[ppesttimothy@gmail.com](mailto:ppesttimothy@gmail.com)

**Society of St. Vincent de Paul:**  
[ssvpwinnipeg@gmail.com](mailto:ssvpwinnipeg@gmail.com)

**Refugee Ministry:**  
[st.timothyrefugeeministry@gmail.com](mailto:st.timothyrefugeeministry@gmail.com)

**Bulletin:** Submit by **Tuesday**  
[bulletinest-timothy.ca](mailto:bulletinest-timothy.ca)



## COMING UP...

### Saturday, Jan. 10

Parish Pastoral Council  
12:30 pm Library

### Tuesdays after Mass

Exposition, Adoration of  
the Blessed Sacrament  
& Benediction

### Monday, Jan. 12

Fan into Flame  
Prayer Group  
Rosary - 6:30 pm  
Meeting - 7 pm Parish Hall

### Monday, Jan. 12

Society of St. Vincent  
de Paul (SSVP)  
7:30 pm St. Paul Room

### Saturday, Jan. 17

Symbolon STARTS!  
10:00 am Parish Hall

## Mass Intentions for January 10-18, 2025

|                 |          |   |  |
|-----------------|----------|---|--|
| Sat., Jan. 10   | 4:00 pm  |   | Special Intention from Dave and Ruth   |
| Sun., Jan. 11   | 9:00 am  |   | Needs and intentions of all parishioners from Fr. Brian Trueman              |
|                 | 11:00 am |   | Steve Geiger from Evelyn Geiger  |
| Tues., Jan. 13  | 9:30 am  | † | Salvatore Ritacca from Joe & Darry O'neil                                    |
| Wed., Jan. 14   | 9:30 am  | † | Beatriz de Austria from Orly & Ghay Gamboa                                   |
| Thurs., Jan. 15 | 9:30 am  | † | Arlette Bourdonniere from Noel & Jeannine Audet                              |
| Fri., Jan. 16   | 9:30 am  |   | Special Intention from Michelle Coyne  |
| Sat., Jan. 17   | 4:00 pm  | † | For deceased members of Daman and Savoie Families from Chris and Marge Daman |
| Sun., Jan. 18   | 9:00 am  |   | Needs and intentions of all parishioners from Fr. Brian Trueman              |
|                 | 11:00 am |   | In Thanksgiving for health and protection from Nadine Derendorf              |

## Monthly Prayer Intentions of Pope Leo XIV



### For prayer with the Word of God

Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.



## Upcoming Sunday Readings

### 2nd Sunday in Ordinary Time:

Isaiah 49: 3, 5-6  
Psalm 40  
1 Cor 1: 1-3  
John 1: 29-34

### Feast day of

### Sts. Timothy and Titus:

Jeremiah 1: 4-9  
Psalm 96  
2 Timothy 1: 1-8  
Luke 10: 1-9

## Grief Support Group

**Are you grieving the loss of a loved one?**  
**You do not have to walk this journey alone.**

St. Timothy Parish invites you to a caring, faith-filled **10-week** Grief Support Group offering comfort, hope, and shared support.

**Tuesdays | Jan 20 – Mar 24 | 1:30–3:00 pm**

There is no charge for the program but the cost of the two books is approximately \$45, and you get to keep the two books.

### For information or to register, contact:

info@st-timothy.ca | 204-949-3760

*Note: Minimum of 6–8 participants required.*





## **Do This in Remembrance of Me, Part 51: Institution Narrative**

**What is the Institution Narrative?** Simply put, the Institution Narrative is the words of Jesus at the Last Supper which we hear in the Mass. These are the words of the Mass that describe what Jesus did and what he said, including the words of Consecration which gave us his Body and Blood for the Holy Eucharist. When we hear the word “Institution” in this context, we are talking about the Institution of the Sacrament of the Holy Eucharist.

### **One Narrative from Multiple Texts**

Fr. Guy Oury teaches, “The Account of the Institution is reported two different ways in the Gospel narrative. According to the Pauline tradition, followed by Saint Luke, the Lord after each consecration commanded his disciples to do what he had done, in memory of him:

‘Do this in memory of me’ (Lk 22:19). ‘Do this, as often as you drink it, in remembrance of me’ (1 Cor 11:25). Saint Matthew prefaces each consecration with an invitation to partake of the bread and wine: ‘Take and eat’... ‘Drink from it, all of you’ (Mt 26:26ff).” Fr. Oury continues, “St. Paul and St. Luke speak of the ‘cup of the new covenant in my blood.’ St. Matthew’s rendition is more direct and abrupt: ‘This is my blood of the [new] covenant, which will be shed on behalf of many for the forgiveness of sins’... As reported in St. Matthew, the words of institution contain what amounts to a complete doctrine of the Eucharistic celebration. They say in effect that the death of Jesus has the character of an expiatory sacrifice for the sin of the world. Beyond that, they say that the Eucharist gives us the true Body and the true Blood of the crucified Christ as our food, and by the very fact of sacramental eating of the victim it also gives us participation in Christ’s own sacrifice—this by will of the Lord expressed in person...” Interestingly, “There is not a single Liturgy that adhered strictly to one of the four scriptural formulas to the exclusion of the three others. Every liturgical account of the Institution was made of borrowings from more than one text” (The Mass, pp. 91–92).

### **A Fuller Picture of the Last Supper**

At the Last Supper, Jesus and his disciples ate a ritual meal. This meal had an order of events and a progression that would have been familiar to the disciples. What we recognize now in the Mass reflects parts of the meal that Jesus changed significantly. Those changes we now see at the heart of the Mass, as the priest stands in the person of Christ. These words and actions at the heart of the Mass are the true words and actions of Jesus, the words and actions by which Jesus changes the bread and wine into the Eucharist, his true Body and Blood.

To summarize from above, if we take the four Gospels together (or, in this case, Gospels plus the writings of St. Paul), we get a fuller picture of Jesus and his life, words, and ministry. The early Church knew we shouldn’t leave anything out and knew the best way to give the “whole picture” was to use all the inspired Gospels and books of the Bible. We certainly benefit from the faith and wisdom of those who have gone before us! We have in the Bible four slightly different accounts of the words and actions of the Last Supper. As we said earlier when reflecting on the Gospels, we have four different Gospels because each writer had a particular audience he was writing for. Some things would have been widely known in certain audiences and so didn’t need to be written down. For example, St. Matthew didn’t need to talk about Jewish meals, sacrifices, and practices because he was writing to a Jewish audience who would have known all that. On the other hand, St. Luke and St. Paul do talk about the customs more, because they were primarily writing to non-Jewish people. When it comes to the Eucharist, what is essential and what is found in each account is that Jesus, by his word, changes the bread and wine into his Body and Blood, gives Communion to the disciples, and asks them to continue this celebration. That is exactly what we do in every Mass!

### **For Reflection:**

1. Before participating in Mass, spend time with each of the Institution Narratives in Matthew, Mark, Luke, and 1 Corinthians. Attune your mind to be attentive to the words you will hear again during the Liturgy of the Eucharist.
2. In prayer, reflect on and give thanks for the religious, cultural, and familial rituals that are part of your life. Consider how you can strengthen these rituals and direct them to the Lord.

## MESSAGE FROM OUR PARISH PRIEST

Dear Parish Family,

I wanted to briefly express my gratitude for all your generosity this Christmas season. Thank you to all those who served, ministered, and volunteered in many and various ways. It is a busy season, but our liturgical celebrations are at the heart of the season, and your generosity makes them even more enriched. Thank you also to all our parishioners who were very kind and generous toward myself and Anthony, our seminarian, in terms of gifts, baking, and cards. I had to freeze three large containers of baked goods so they wouldn't go bad before I can eat them—I think they may last me until Easter! These expressions of love are warmly received.

Additionally, I just wanted to share some of the inspiration for my homilies, both for Christmas and for the Solemnity of Mary, the Mother of God. At Christmas, I spoke about the life of Michelle Duppong, Servant of God, from North Dakota who died at a young age from cancer. I would direct you to watch the biography about her, "Radiating Joy: The Michelle Duppong Story", which came out in 2024. You can find on FORMED through our parish's subscription (sign up for free if you haven't!). It's a beautifully inspiring film. Here's the link: <https://app.formed.org/app/videos/3576906>



I also heard from a handful of parishioners who were interested or appreciated hearing the song I played for my homily at New Year. You can find and listen to it performed by different groups and choirs by searching the composer and title of the song. The composer's name is Morten Lauridsen, and the song is called, "O Magnum Mysterium", the first few words of the text that I shared. As I mentioned, it was first sung in 1994, so fairly recently. In sharing that, you may be interested to listen to other versions of the same song composed by many others throughout the centuries.

May the Good Lord bless you all, through the heavenly intercession of St. Timothy, in this New Year of 2026.

Fr. Brian Trueman

## THIS WEEK ON FORMED: Visit [formed.org/signup](https://formed.org/signup)



### Reborn

Reborn explores the deeply personal power of Baptism, bringing to light the spiritual reality for parents and godparents and, most importantly, the child being baptized. Rendered with a cinematic beauty that's become the hallmark of the Augustine Institute's film productions, Reborn presents the foundation of the Church's teaching on Baptism, with a step-by-step explanation of the rite itself, including its profound place in Scripture and Tradition.



### The Desert Fathers (Part 1) | Littlest Saints

In this special two-part episode, we follow the stories of three famous desert fathers--St. Anthony the Great, St. Macarius, and St. John the Dwarf--as they navigate the perils of the desert in search of its great spiritual riches.



### The Desert Fathers (Part 2) | Littlest Saints

In this special two-part episode, we follow the stories of three famous desert fathers—St. Anthony the Great, St. Macarius, and St. John the Dwarf—as they navigate the perils of the desert in search of its great spiritual riches.



## PARISH EVENTS



**Youth Group Fellowship**  
Friday, January 17 & 23  
at 7:30 pm | Parish Hall



**Prayer Shawl Meeting**  
Tuesday, January 20, 2026  
at 1:30 pm | Library

### Adult Faith Formation & RCIA (Rite of Christian Initiation of Adults)



Join us for **Symbolon: The Faith of the Church**, a 16-episode series exploring the beauty and depth of the Catholic faith. Guided by the Creed, this journey covers Catholic history, core teachings, the sacraments, and inspiring stories of the saints helping you understand, live, and share your faith with confidence.

Most Saturdays starting **January 17, 2026**  
10:00–11:15 AM | Parish Hall

### BAPTISM PREPARATION MEETING Thursday, January 22, 2026 at 6:30 PM



Are you expecting a child or have a young child and are considering Baptism? Our parish offers a Baptism Preparation Program to support parents as they prepare for this important sacrament.

#### The program includes:

- Online Reborn videos on Formed
- One in-person session with Fr. Brian, Michelle Coyne (Religious Education & Sacraments Coordinator), and other parents

This program is required for first-time parents and recommended as a refresher for those who have previously participated.

The next **in-person** meeting will be held **Thursday, January 22 at 6:30 PM**. Parents are asked to watch the Reborn videos in advance using this link (after signing into Formed): <https://app.formed.org/app/collections/116682>

Please RSVP by emailing Paulene at [paulene@st-timothy.ca](mailto:paulene@st-timothy.ca). If you cannot attend, another session will be offered later this year.

## big breakfast event



Brought to you by  
the St. Timothy  
Knights of Columbus



**ON SUNDAY, JANUARY 25  
AFTER THE 9 AM AND 11 AM MASS  
IN THE PARISH HALL**

**SUGGESTED DONATION: \$10**

Net proceeds to the  
Society of Saint Vincent de Paul

### Feast of Sts. Timothy and Titus

On the **weekend Masses of January 24th and 25th**, we will be celebrating our parish's **patronal feast day** with the **Solemnity of Sts. Timothy and Titus**.

Normally, the feast falls on the 26th, which is Monday this year, so we've moved the celebration of it to the nearest Sunday so all can attend.

To make the feast day extra special, our **Knights of Columbus will be offering their delicious pancake breakfast** after the 9:00 am and 11:00 am Masses on the Sunday. Additionally, after each Mass that weekend, the Parish Pastoral Council and Finance Council will be having a short (30 minute) presentation on the life of our parish, looking back at our previous year of 2025 and the upcoming year of 2026. On the Saturday Mass, it will be held immediately after Mass in the church proper, and on the Sunday, this presentation will be held in the parish hall during the pancake breakfast.

Fr. Brian

## REFLECTIONS



### WEEKLY MARRIAGE TIP

“Love is when you tell a boy you like his shirt, and he wears it every day.” (Noelle, age 7)  
Are there any subtle things your spouse does to make you happy?



### STEWARDSHIP REFLECTION

January 11, 2026 - The Baptism of Our Lord

*“John tried to prevent him, saying, “I need to be baptized by you, yet you are coming to me?”*  
MATTHEW 3:14

The Catholic Catechism states that “Jesus’ immersion in the water is a sign for all human beings of the need to die to themselves to do God’s will.” In other words, as baptized Catholics there is only one gift that we need to give to Jesus – the gift of ourselves. Surrender yourself to God, place your trust in Him and allow the Holy Spirit to work through you for the greater glory of God.

## COMMUNITY NEWS

### Come with us for World Youth Day 2027 in Korea!

Young adults ages 18–35 are invited to join the Archdiocese of Saint-Boniface & Winnipeg delegation to World Youth Day 2027 in Seoul, South Korea!

World Youth Day is a global Catholic gathering founded by St. John Paul II, bringing together young people from around the world to encounter Christ, the Pope, and the universal Church. World Youth Day is celebrated every year in local dioceses, and internationally every four years, with each year having its own theme that prepares young people for the larger celebration with the wider Church.

The 2027 theme, *“Take courage! I have overcome the world”* (John 16:33), calls young people to live with hope and bold faith rooted in the Resurrection.

### Why go to World Youth Day?

As a young person of faith, WYD offers you the chance to:

- Encounter Christ in a profound and personal way
- Experience the universal Church with young people from every nation and culture
- Deepen your faith through prayer, catechesis, and the sacraments
- Build lifelong friendships and community
- Be inspired and equipped to live out your faith boldly back home
- Step outside your comfort zone and grow spiritually, emotionally, and culturally

This pilgrimage is more than a trip—it’s a transformative experience that shapes hearts, strengthens faith, and sends young people forth on mission.

### Details & Info:

**Pilgrim Package Dates: July 27 – August 11, 2027**

**Cost: \$2,500 (excluding flights)**

\*\*\* Must be 18+ by departure

For more information, contact: **Yssa Arlegue**

Office of Youth & Young Adults, Archdiocese of Saint Boniface

youth@archsaintboniface.ca | 1-204-594-0271

