



THE ROMAN CATHOLIC PARISH OF ST. TIMOTHY

Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.

Archdiocese of St. Boniface
135 John Forsyth Road
Winnipeg Manitoba R2N 1R3

Email: info@st-timothy.ca
Phone: (204) 949-3760
Website: st-timothy.ca

Mass Schedule

Office Hours

THE LORD'S DAY:

Saturday at 4:00 pm
Sunday at 9:00 am & 11:00 am

Tuesday, Wednesday & Thursday
9:00 am to 5:00 pm
(closed noon - 1 :00 pm)

WEEKDAY MASS:

Tuesday to Friday at 9:30 am

March 15, 2026 • 4th Sunday of Lent

“For once you were darkness, but now in the Lord you are light.”

EPHESIANS 5:8

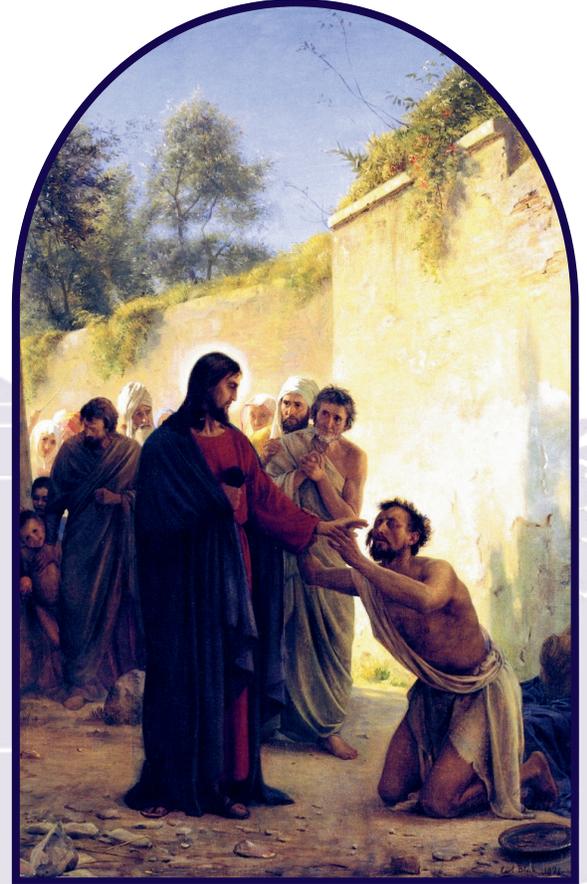
Sacraments

Reconciliation (Confession) – Half an hour before Mass, or you may make an appointment by contacting Fr. Brian.

Anointing of the Sick – By appointment. Contact Fr. Brian or the parish office.

Baptisms – Contact the parish office three months in advance.

Weddings – Contact the parish office at least six months in advance.



HEALING OF THE BLIND MAN
BY CARL BLOCH, 1871

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Parish Pastoral Council:
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Society of St. Vincent de Paul:
ssvpwinnipeg@gmail.com

Refugee Ministry:
st.timothyrefugeeministry@gmail.com

Bulletin: Submit by Tuesday
bulletin@st-timothy.ca



COMING UP...

Saturday, Mar. 14

Adult Faith Formation & RCIA
10:00 am | Parish Hall

Sunday, Mar. 15

Children's Liturgy of the Word
11:00 am Mass

Monday, Mar. 16

Fan into Flame
Prayer Group
Rosary - 6:30 pm
Meeting - 7 pm | Parish Hall

Tuesdays after Mass

Exposition, Adoration of
the Blessed Sacrament
& Benediction

Thursday, Mar. 19

Prayer Shawl Ministry
1:30 pm | Library

Crib Club
6:30 pm | Parish Hall

Friday, Mar. 20

Confession at 7:00 pm,
Illuminate at 7:30 pm, then
24 Hours with the Lord

Please remember in
your prayers...

† *Marcelino Bautista*

His funeral Mass will be on
Wednesday, March 18
at 11:00 am.

Please remember their family
as they grieve the loss of
their loved one. ❤️

UPCOMING
READING

5th Sunday of Lent

Ezekiel 37:12-14
Psalm 130
Romans 8:8-11
John 11:1-45

Mass Intentions for March 14-22, 2026

Sat., Mar. 14	4:00 pm	†	Gilles Rajotte from The Maher Family
Sun., Mar. 15	9:00 am	†	Marilyn Blerot from Jeannine and Noel Audet
Sun., Mar. 15	11:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman
Tues., Mar. 17	9:30 am		In Thanksgiving from Rick and Fidelina Pabuaya
Wed., Mar. 18	9:30 am		For living and deceased family members from Rosemary Law
Thu., Mar. 19	9:30 am	†	Marilyn Blerot from Harvey and Bert Blerot
Fri., Mar. 20	9:30 am	†	Lionel Beauchemin from The Verville Family
Sat., Mar. 21	4:00 pm	†	Deceased Parents from Diane Garroni
Sun., Mar. 22	9:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman
Sun., Mar. 22	11:00 am	†	Myrtle Banash from Winnie and Darcene Banash



*Spend an hour
with the Lord*

We invite you to sign up for a time of
prayer during the **24 Hours for the
Lord** after **Confession** and **Illuminate** *
on March 20.

Keep watch with Christ in the Blessed
Sacrament.

Friday, **March 20** at 9:00 pm to
Saturday, **March 21** at 3:00 pm

Please see the sign-up sheet in the
Narthex!

* **Confessions** begin at 7:00 pm
(ongoing throughout the evening),
followed by **Illuminate** at 7:30 pm, and
then **24 hours Adoration**.



Do This in Remembrance of Me, Part 60: The Lord’s Prayer, Part 2

We continue diving into the great treasure of the Our Father. I once met a priest who was giving a week-long retreat focusing on the Lord’s Prayer. He had prepared to give two or three conferences a day over the course of a week. As he prepared his notes from meditations in prayer, he only got to the first two words: “Our Father.” As Edward Sri says, “The word Our in this prayer also is significant. It points to the deep unity we have together by virtue of our common heavenly Father. All who are united in Christ are truly brothers and sisters in him. In Christ, Jesus’ Father has become our Father and we all are the Father’s children in the covenant family of God” (A Biblical Walk Through the Mass, p. 124). Sit back and think for even a few minutes about what that means. God is our Father; we are his children. Amazing! If you ever need a meditation or find yourself with a few extra minutes to think and pray, just think about those two special words: “Our Father.”

Three Prayers in One

As for the rest of the Lord’s Prayer, according to the Catholic Encyclopedia, “Essentially, it consists of three prayers for the glory of God (hallowed be Thy name, Thy kingdom come, Thy will be done) and an expression of the extent of that glory (on earth as it is in heaven), followed by three requests (for food, forgiveness, and freedom from temptation) and a final plea for deliverance from evil, that is, moral evil” (Catholic Encyclopedia, p. 358). Focusing on the petition for food, The General Instruction of the Roman Missal states, “In the Lord’s Prayer a petition is made for daily bread, which for Christians means principally the Eucharistic Bread, and entreating also purification from sin, so that what is holy may, in truth, be given to the holy” (GIRM, 81).

The Seven Petitions of the Lord’s Prayer

While so much could be said about each of the seven petitions, Charles Belmonte gives us a brief overview of each one:

1. Hallowed by thy name. “It is not that we think to make God holy by our prayers; rather we are asking God that his name be made holy in us... [W]e desire to give glory to God: that he may be loved and feared by all; that his holiness, his goodness, and his wisdom may be acknowledged everywhere.”
2. Thy kingdom come. “In the second petition, we desire that God may reign in everybody’s will. We ask that we all may happily reach our destination in his Kingdom. We pray that the Kingdom promised to us by God will come, the kingdom won by Christ’s Blood and passion...”
3. Thy will be done on earth as it is in heaven. “In the third petition, we pray that all men serve and obey God on earth as he is served by the angels in heaven; and that all may always avoid sin and do what is pleasing to God...”
4. Give us this day our daily bread. “In the fourth petition, we ask for whatever is necessary for nourishment, clothing, and other temporal needs; for our daily food, which for a Christian means also the Body of Christ, and for the forgiveness of sins. Thus, we can understand this petition in a spiritual and in a literal sense...”
5. Forgive us our trespasses as we forgive those who trespass against us. “Once we requested the needed sustenance from God’s magnanimity, we ask him pardon for our sins. To be reminded that we are sinners and forced to ask forgiveness for our faults is prudent and sound...”
6. Lead us not into temptation. “In the sixth petition, we ask God to keep us from falling into temptations. We should not trust our own strength; we should fear our malice and lack of constancy, lest these induce us to wander away from his grace and friendship.”
7. Deliver us from evil. “In the seventh petition, we ask for deliverance from the evils which afflict us and may set us away from his fatherly love... We ask to be liberated from the guilt and punishment of sin, from all snares of the devil and the world set up against us.” (Understanding the Mass, pp. 170-172).

There can be no doubt that this is the greatest prayer. Jesus himself gave it to us. It reveals our special relationship with God. It thoroughly covers so many aspects of our lives. It prepares us with a healthy and real longing for union with God, through Holy Communion on earth and eternally in heaven! No wonder this prayer is found at the heart of the Mass!

For Reflection:

1. Using a prayer journal or other medium, pray with and write or draw your response to each of the petitions in the “Our Father.” Allow this way of prayer to integrate your own experiences and intentions with those of all who are united in praying, “Our Father...”
2. Deepen your appreciation of this central prayer by studying, individually or with others, the Catechism of the Catholic Church on the “Our Father” (CCC 2759–2865).



Lent Penitential (Confession) Services in Parishes in our Deanery

St. Emile Parish – Friday, Mar. 13 at 7 pm
Holy Cross Parish – Friday, Mar. 20 at 7 pm

**St. Timothy Parish – Friday, March 20 at 7 pm
with Illuminate Ministry,
followed by 24 Hours for the Lord ***

* A sign-up sheet is now available in the Narthex

St. Andrew Bobola Parish – Saturday, March 21 at 6 pm
Holy Family – Sunday, March 22 at 2 pm
St. Bernadette Parish – Thursday, March 26 at 7 pm
St. Norbert – Friday, March 27 at 7 pm

Holy Week Schedule at St. Timothy Parish

April 2 – Holy Thursday – 7:30 pm
April 3 – Good Friday – 3:00 pm
April 4 – Holy Saturday (Easter Vigil) – 8:30 pm
April 5 – Easter Sunday – 9:00 am and 11:00 am

Parish Lent Retreat: The Good News of Jesus – March 24 to 26 at 6:30 pm

3 evenings with Louis and Mary Richard, a local Catholic couple who are passionate about sharing the love of Jesus with others. Their love for the Lord has involved them in many different groups throughout Manitoba, including Catholic Christian Outreach, Catholic Charismatic Renewal Services, Catholic School of Evangelization, and their own parish, to name a few.

The theme of the retreat is one's personal journey through the Paschal Mystery, helping us unpack the Good News of Jesus in the Scriptures. As part of our sessions, Mary and Louis will lead us in praise through their gift of music. Each session will last about 60 minutes with a time of fellowship and an opportunity for further discussion after. Each night will include a little review of the previous one so no worries if you can't make all work. Know that God will bless you and deepen your experience of Holy Week in the days after! Save the date and plan to join us for this meaningful time of spiritual renewal.



WEEKLY MARRIAGE TIP

Is there a bad habit that you would like to eliminate? Anything you wouldn't want to teach your children to do? Lent and your children can give you the motivation to let go of it. Ask your spouse for help.



GRIEF REFLECTION

"When you set your intention to heal, you make a true commitment to positively influence the course of your journey. Believe that life is worth living, and your belief will help you create the fact." – Dr. Alan Wolfelt, *Understanding Your Grief*

Let's Share the Lenten Season with our Friends at Agape Table



"The generous will themselves be blessed, for they share their food with the poor." - Proverbs 22:9

St Tim's SSVP Conference is continuing to collect contributions of **granola bars, juice boxes, pudding cups** and **fruit cups** from now until March 24th. We ask that all food items be deposited in our SSVP food crate at the entrance to the church. You can drop food off on the weekend (before & after Mass) and during office hours.

Thank you to everyone who has dropped off the food items so far! We also have all the volunteers we need. Thank you all for your wonderful support.

– From the St. Timothy Conference of the Society of St. Vincent de Paul (SSVP).

Knights of Columbus

The Knights extend their sincere thanks to everyone who supported and participated in the recent Fish Fry Dinner.



The weekends of March 21–22 and March 28–29 will be the final opportunities to purchase ICCD car raffle tickets.

Brother Knights are kindly asked to return their ICCD ticket stubs and payments by the weekend of March 28–29.

Spring Cleaning of the Lost & Found Bin

Have you lost something? Maybe we found it!



We will have a table in the narthex with scarves, kids' items, and other odds and ends that have been left behind in the parish. Please check it out, and **if something looks familiar, feel free to claim it!**

All unclaimed items will be donated or disposed after Thursday, March 26, 2026.

COMMUNITY NEWS

CATHOLIC MENS CONFERENCE

Catholic Men's Conference
April 10 to 11, 2026
St. Emile Church, 556 St. Anne's Rd

The 2026 Catholic Men's Conference is a response and a calling out to all men, inviting them to embrace their connection with Jesus Christ and their brothers in the faith. God wants to be in a relationship with us, our church needs men united and more than anything our families needs strong spiritual leaders. This April 2026, come and join other men and together throw off the works of darkness, put on the armour of light and renew our commitment to the Lord of our hearts. Jesus is calling you to be here. Come and discover, connect and be strengthened.

Featuring special guest speaker Mark Mallet
Mark Mallett is a Canadian Catholic singer/songwriter and author, and host of The Now Word and Countdown to the Kingdom. His work in the Church the past 25 years includes concert tours throughout North America and abroad, speaking at conferences, giving parish missions, and leading praise and worship in Eucharistic Adoration.

April 10 from 7 PM – 10 PM, April 11 from 8:30 AM to 4 PM.
Lunch provided on Saturday For tickets, [click here](#).



To "Encounter Christ" Retreat
May 16 to 18, 2026
St. Malo

TEC (To Encounter Christ) is a life-changing retreat in St. Malo happening May 16–18. Open to anyone 16+ seeking a deeper faith. Journey through Christ's passion, death, and resurrection, encounter the sacraments, build friendships, and meet Jesus in a new way. Learn more & apply: www.gbtec.ca



Employment Opportunities
at St. Boniface Diocesan High School
and Christ The King

School Principal (September 2026) – St. Boniface Diocesan High School is seeking a faith-filled and dedicated leader to serve as Principal beginning September 2026. This role calls for a strong Catholic educator committed to guiding a Christ-centered Grades 9–12 community in faith, academic excellence, and service. Applications are open until March 13, 2026, or until the position is filled. [See full details here](#).

Basic French Teacher (2026–2027) – Christ the King School is accepting applications for a Basic French Teacher (full-time JK–Grade 8 or 50% part-time) for the 2026–2027 school year. This permanent position (subject to probation) offers the opportunity to serve in a vibrant Catholic school community. Benefits included. [See full details here](#).

CTK is also still accepting applications for Junior Kindergarten for the 2026-2027 school year (child must be 4 years old by December 2026). [See full details here](#).



Share Lent Campaign 2026 – March 22, 2026

Development and Peace – Caritas Canada is the official international development organization of the Catholic Church in Canada. Through partnerships with communities in the Global South, it supports initiatives that promote human dignity, justice, peace, and sustainable development.

During Lent, parishes across Canada take part in the **Share Lent campaign**, which culminates in **Solidarity Sunday (the Fifth Sunday of Lent)**. On this day, a special collection is taken to support Development and Peace's work with vulnerable communities around the world. One example of this work is the support given to the village of Piquiá de Baixo.

Lives in the village of Piquiá de Baixo in Brazil began being disrupted in the 1980s, with the arrival of several polluting industries in their backyard. The villagers formed an association to defend their rights. Flavia's father started the fight, and she picked up the torch. Last year, after a 20 year struggle, 312 families affected by industrial pollution moved to the new, cleaner, safer village of Piquiá da Conquista.

The support of Development and Peace – Caritas Canada's partner, Justiça nos Trilhos (JnT), made this relocation possible for 1,300 people.

Thank you for your support and solidarity. This Lent, please give generously.



STEWARDSHIP REFLECTION

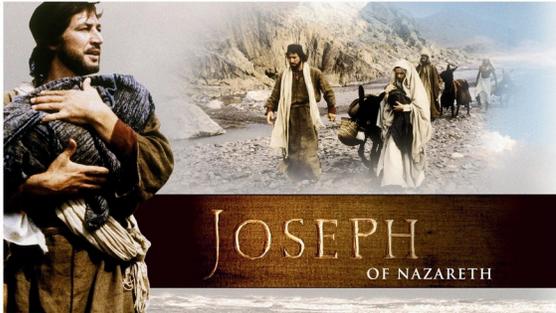
March 15, 2026 - 4th Sunday of Lent

"Not as man sees does God see, because man sees the appearance, but the Lord looks into the heart." 1 Samuel 16:7

How often do we invest our time, talent and treasure in creating an appearance that does not matter at all to God? We strive to impress with our clothing, home, career, possessions, car and other marks of distinction. But none of these illusions of greatness will impress God. Instead, He will look into our hearts to see how much we loved Him, how much we loved others and how we showed that love by the way we used our time, talent and treasure here on earth.

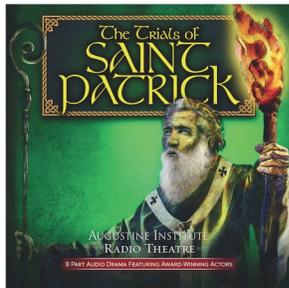
This Week on Formed

Week of March 15, 2026



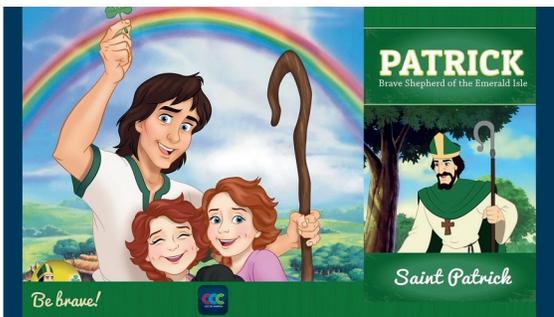
Joseph of Nazareth

Celebrate the feast of Christ's foster father with even more joy and respect this year by watching a movie about him! Enter into the life of this great saint through the movie Joseph of Nazareth!



The Trials of Saint Patrick

The Trials of Saint Patrick, a powerful journey through hardship, loss, mercy, and forgiveness. With skilled actors and cinematic elements, this captivating story comes to life, stirring the imagination and sparking inspiration.



Patrick: Brave Shepherd of the Emerald Isle

Fun-loving Patrick had it easy at his parents' seaside villa. At 16, he thought he had it made for life—that is, until the day riders kidnapped him to nearby Ireland. Now a slave and shepherd, Patrick faced a bleak and uncertain future. To survive, he'd have to conquer cold, hunger, wild beasts, and even worse enemies.

Our parish has a Formed subscription.
Visit signup.formed.org and select our parish name.