



THE ROMAN CATHOLIC PARISH OF ST. TIMOTHY

*Our vision is to be a life-giving community committed
to welcome, to worship, to grow, and to serve.*

Archdiocese of St. Boniface
135 John Forsyth Road
Winnipeg, Manitoba R2N 1R3

Email: info@st-timothy.ca
Phone: (204) 949-3760
Website: st-timothy.ca

Mass Schedule

THE LORD'S DAY:

Saturday at 4:00 pm

Sunday at 9:00 am & 11:00 am

WEEKDAY MASS:

Tuesday to Friday at 9:30 am

Office Hours

Tuesday, Wednesday & Thursday

9:00 am to 3:00 pm

(closed noon - 1:00 pm)

August 30, 2026 • 22nd Sunday in Ordinary Time

*“If any want to become my followers, let them
deny themselves and take up their cross and
follow me...”*

MATTHEW 16:24

Sacraments

Reconciliation (Confession) — Half an hour before Mass, or you may make an appointment by contacting Fr. Brian.

Anointing of the Sick — By appointment. Contact Fr. Brian or the parish office.

Baptisms — Contact the parish office three months in advance.

Weddings — Contact the parish office at least six months in advance.



CHRIST CARRYING THE CROSS
BY EL GRECO (C. 1577-1587)

Pastor: Fr. Brian Trueman
fr.brian@st-timothy.ca | 204-949-3769

Parish Administrative Assistant:
Paulene Limonar
paulene@st-timothy.ca | 204-949-3760

Parish Accountant: Diane L'Arrivee
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Custodian: Ignatius Zinowko
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Coordinator of Religious Education:
Michelle Coyne
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Youth Ministry Coordinator:
Vince Diestro
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**Pastoral Care and
Safe Environment Officer:**
Maria Castellano | maria@st-timothy.ca

Parish Pastoral Council:
ppcsttimothy@gmail.com

Society of St. Vincent de Paul:
ssvpwinnipeg@gmail.com

Refugee Ministry:
st.timothyrefugeeministry@gmail.com

Bulletin: Submit by Tuesday
bulletin@st-timothy.ca



COMING UP...

Monday, August 31

Fan into Flame
Prayer Group
Rosary - 6:30 pm
Meeting - 7 pm | Parish Hall



Prayer & Life Workshop

Information Session
Wed., September 9, 2026
at St. Timothy Parish
6:30 PM to 8:30 PM

"Abide in me, and I in you....I am the vine, you are the branches. He who abides in me, and I in him, he it is that bears much fruit, for apart from me you can do nothing."
John 15: 4-5

We are pleased to invite you to the Prayer & Life Workshop. Discover a deeper relationship with Jesus through prayer and reflection. Join us for a unique journey into prayer, where you will learn how to set aside sacred time each day to meet the Lord, meditate on His Word, and deepen your friendship with Him. Discover how prayer can become a source of peace, direction, and joy in your daily life.

For more information:
204-869-8175
manitoba@tovpil.ca

For poster, [click here](#).

UPCOMING READING

23rd Sunday in Ordinary Time

Ezekiel 33:7-9
Romans 13:8-10
Matthew 18:15-20

Mass Intentions for August 29-September 6, 2026

Sat., Aug 29	4:00 pm		For Anthony Hoang and all seminarians
Sun., Aug 30	9:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman
Sun., Aug 30	11:00 am	†	Barry Yanchyshyn from Anne Yanchyshyn
Tue., Sept 1	9:30 am	†	Martha and Louise from Jacqueline and Dale Verville
Wed., Sept 2	9:30 am		In thanksgiving for Jean-Pierre Rostant, and the Rostant, Panalal, Torres, and Letren families from Roxanne Rostant
Thu., Sept 3	9:30 am	†	Vincent Tuân Hoang from Anthony Hoang
Fri., Sept 4	9:30 am		In Thanksgiving from Paulene Limonar
Sat., Sept 5	4:00 pm	†	Adele Bouvier from Rose Marie and Bernard Manaire
Sun., Sept 6	9:00 am	†	Ormezinda Jorge from Belita Sanders
Sun., Sept 6	11:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman



**Tuesdays after Mass and
every First Friday of the Month (September 4)**
Exposition, Adoration of the Blessed Sacrament
and Benediction



THIS WEEK ON FORMED: Visit [formed.org/signup](https://www.formed.org/signup)



Cabrini

From Alejandro Monteverde, award-winning director of Sound of Freedom, comes the powerful epic of Francesca Cabrini, an Italian immigrant who arrives in New York City in 1889 and is greeted by disease, crime, and impoverished children. With broken English and poor health, Cabrini builds an empire of hope unlike anything the world had ever seen.



Mother Teresa: No Greater Love

Mother Teresa: No Greater Love is a soaring tribute to a spiritual icon, a powerful witness of authentic Christian charity, and a guidepost for all who seek hope in our turbulent times: Mother Teresa of Calcutta. This film reveals not just who Mother Teresa was, but how her singular vision to serve Christ in the poor continues to be realized through the Missionaries of Charity today.



Mother Teresa

See Mother Teresa in the slums of Calcutta as she mingled closely with her people, dispensing help, joy, and smiles to everyone in this moving film.



Do This in Remembrance of Me, Part 81: Carrying Jesus with Us

As you go forth from Mass, is Jesus still with you? Is he really and truly present? As we mentioned previously, our Catholic faith teaches us that the Real Presence of Jesus remains in the Eucharist until the outward appearances of the Sacred Host and/or Precious Blood cease to be those of bread and wine as they are absorbed by our bodies. While there are different opinions on how long that actually is, most agree it is around 15 minutes. No doubt, that is a great reason to try and plan for a time of thanksgiving after the Mass. As we go forward, it is also great to keep in mind that, in a very real way, we are tabernacles with Jesus inside us during that time.

Imitating Mary in Receiving Communion

Edward Sri offers thoughts for meditation through the words of Pope St. John Paul II. Sri reminds us that when we have the Real Presence of Jesus in Communion, we are very much like Mother Mary with Jesus in her womb: "John Paul II noted a profound connection between Mary carrying Jesus in her womb and the person receiving communion. In a sense, we become like Mary every time we receive the Eucharist. 'Mary lived her Eucharistic faith even before the institution of the Eucharist, by the very fact that she offered her virginal womb for the Incarnation of God's Word.' For nine months, Mary had the body and blood of Jesus within her. At Mass, we receive the sacramental Body and Blood of our Lord. 'At the Annunciation, Mary conceived the Son of God in the physical reality of his body and blood, thus anticipating within herself what to some degree happens sacramentally in every believer who receives, under the signs of bread and wine, the Lord's body and blood'" (A Biblical Walk Through the Mass, pp. 142-3, Ecclesia de Eucharistia, 55).

As Sri notes, St. John Paul II went on to reflect upon what learning about the Mass and receiving Communion would have been like for Mother Mary. "What must Mary have felt as she heard from the mouth of Peter, John, James, and the other Apostles the words spoken at the Last Supper: 'This is my body which is given for you' (Lk 22:19)? The body given up for us and made present under sacramental signs was the same body which she had conceived in her womb!" Sri writes, "John Paul then beautifully drew out the unique meaning Holy Communion would have had for the Blessed Virgin: 'For Mary, receiving the Eucharist must have somehow meant welcoming once more into her womb that heart which had beat in unison with hers...' What a profound insight! Imagine Mary preparing herself to be reunited with her Son in this way. Imagine the loving attention she gave to Jesus in every Holy Communion. What a joy it must have been for her to have her Son dwelling within her again! May Mary be a model for us in the way we receive the Eucharist. Let us pray that we may ardently welcome Jesus in every Holy Communion as Mary received her Son. May the Eucharist cause our hearts to beat ever more in unison with Christ's as Mary's heart beat perfectly with his" (A Biblical Walk Through the Mass, pp. 142-3, Ecclesia de Eucharistia, 56).

Bearing Jesus' Presence As We Go

So beautiful! What a wonderful and rich meditation to think about as we recall with joy that Jesus is within us. While certainly more lighthearted, a similar realization comes from one of the funniest saint stories I have come across when reading about the Mass and the Eucharist. Fr. Stefano Manelli recounts that St. Philip Neri had two altar boys with lighted candles go to accompany a man who had left church right after Communion (Jesus Our Eucharistic Love: Eucharistic Life Exemplified by the Saints, p. 46). Can you picture it? How about the expression on that man's face?! Of course, it may have been a corrective to the man to help him realize he shouldn't be leaving Mass early. But it also really drives home the joyful realization that after Communion, Jesus is truly present with us for a time. As that man was walking forth from the Mass, St. Philip Neri had the altar boys carry candles because it was a Eucharistic Procession! If we could regularly have that realization of Jesus truly present with us after Communion, how different would our conversation and activity be as we go forth from Mass? How would we greet those we encounter? How would we navigate through the parking lot? What activities would we do next after Mass? How would we talk with those we encounter? May a greater realization of the gift of Jesus within us strengthen us to honor his presence in how we show his love!

For Reflection:

1. As you prepare to depart after Mass, ask the intercession of our Blessed Mother and St. Philip Neri to help you recognize and reverence Christ's Eucharistic presence in yourself and others.
2. Consider making "visual contact" with the tabernacle after Mass as a way to acknowledge the Blessed Sacrament remaining in the church in union with your own presence as a tabernacle processing into the world. Find concrete ways of being a "sanctuary light" to awaken awareness of Christ's presence.



What Would You Like to See in Our Bulletin?

Our "Walk Through the Mass" series will be coming to an end soon, and we'd love to hear from you! What would you like to see more of in our parish bulletin? Would you enjoy more Catholic faith formation, saint spotlights, explanations of Church teachings, Scripture reflections, prayer resources, liturgical traditions, family faith activities, Catholic history, or tips for growing in your prayer life?

We want our bulletin to be a helpful and inspiring resource for our whole parish community.

Share your thoughts and ideas and let us know what would be meaningful to you! Email your suggestions and ideas to Fr. Brian at fr.brian@st-timothy.ca or the parish office at info@st-timothy.ca. We'd love to hear from you!

FINANCIAL STATEMENT

	Sunday Offerings	All Other Income	Expenses	Net Income
July				
Actual	\$38,938	\$2,783	\$44,766	-\$3,045
Budget	\$45,583	\$4,417	\$49,417	\$583
YTD (January–July)				
Actual	\$296,449	\$46,025	\$334,578	\$7,896
Budget	\$319,083	\$30,917	\$345,917	\$4,083

Funds	Refugee	Contingency	Building	SSVP
Current	\$4,621	\$97,015	\$55,412	\$27,372
Goal	\$29,900	\$100,000	N/A	N/A

A simple and faithful way to give: Consider switching from envelopes to Direct Debit giving

Your regular offering is an important part of our parish life, supporting our worship, ministries, outreach, and the many ways we serve our parish family. Direct Debit makes giving simple and convenient, while helping ensure your offering continues even when you are away or unable to attend Mass.

If you currently use envelopes, we warmly invite you to consider making the switch. It's an easy way to make your giving **simple, secure, and consistent**.

Thank you for your generosity and faithful stewardship. Your continued support is a blessing to our parish!

To sign up for Direct Debit, **PINK forms** are available just outside the Parish Office. If you have any questions or would like more information, please contact our Parish Accountant, Diane, at diane@st-timothy.ca. Thank you!

St. Tim's Bowling League

Looking for a fun way to spend your Monday evenings? St. Tim's Bowling League is looking for individuals and teams to join us for the upcoming season!

- **When:** Monday evenings, 6:30–8:30 p.m.
- **Cost:** Approximately \$20 per evening



For more info, contact Ray Chartrand at BruceLeeC@mymts.net.

Lip Sync Showcase!

Tickets on Sale September 19 & 20 – \$30 Each!



Get ready for an evening filled with great entertainment, laughter, and fun, at St. Timothy Parish! Enjoy fantastic acts featuring favorites like **Celine Dion** and **Elvis Presley**.

The show will take place on **November 20 and 21**, with a **matinee performance on November 22**.

Enjoy the show, delicious dessert, and a whole lot of fun—all while supporting the **Society of St. Vincent de Paul (SSVP)** and families in need. Come join us... you won't want to miss it!

A message from your SSVP Conference: Our Cupboards are Bare!

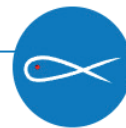
The SSVP Larder is low on food. Can you help us to help feed the hungry? Our teams are still going out weekly to provide food to those who call our helpline and we are in need of perishable food items for the hampers we deliver to our Friends.

If you are able to help us, it would be appreciated. These are the items we need:

- Cereals
- Macaroni and cheese
- Pasta and pasta sauce
- Canned beans
- Peanut butter
- Canned soups
- Tinned tuna, salmon, chicken or ham

Help us help those in need.

Give now



Thanks for your ever-generous help.

New SSVP **GREEN envelopes** are now available in our parish! These envelopes provide a simple and convenient way to support St. Timothy's Society of Saint Vincent de Paul (SSVP) and help our parish respond to the needs of individuals and families in our community.

Your generosity makes a difference. Thank you for helping us continue this important ministry of serving our neighbours in need!

Grief Support Group Coffee - DROP IN!



As grieving can be an isolating time in our lives, having someone to share our feelings and experiences with, can help in our healing. The Grief Ministry Group will offer a **drop-in** support/coffee group **every second and fourth Tuesday of the month**, from **1:30 pm - 3:00 pm** in the parish library.

The **next gathering** will begin on Tuesday **September 8 and 22, 2026**. No registration is required. Any questions please email the parish office at info@st-timothy.ca.

The Parish of Holy Cross in St. Boniface is looking to hire a Catechetics and Sacramental Preparation Coordinator.

It is a part time, term position in alignment with scheduled classes. Salary will be commensurate with experience.

The ideal candidate will have successfully completed a minimum of LEVEL 1 'Catechesis of the Good Shepherd' formation. For more information or if you are interested, please send your resume to Sister Charlotte at: leakecharlotte75@gmail.com

Gathering for all Newlyweds and Couples in Early Years of Marriage up to 8 years!



The Archdiocese of Saint Boniface and the Archdiocese of Winnipeg Marriage & Family Life Ministries invite you to attend COME and SEE, an afternoon gathering for young married couples. Meet other newly married couples, take part in a special time of enrichment as a couple, and discover how you and your spouse can continue to grow in your relationship with each other and with God. Held on Saturday, September 19th from 1:30 PM to 4:30 PM at the Saint Boniface Cathedral. Registration is required and will be open until September 14th. There is no cost to attend this event. Although we are not able to provide childcare at this event, babies in arms are most welcome. Register at <https://form.jotform.com/262106683369261>



For more information, please contact Marie at the Archdiocese of Saint Boniface Office of Marriage, Family & Life at mfl@archsaintboniface.ca or call 204-594-0274. Visit our [website](#) for the Archdiocese of Saint Boniface's resources for Newlyweds and Couples in Early Years of Marriage. For poster, [click here!](#)

Our Faith Stories: Treasures to Share - New Story: "The Saint and the Taylor"

In partnership with Bishop Velychkovsky Martyr's Shrine (St. Joseph's Ukrainian Catholic Church - Ukrainian Catholic Archeparchy of Winnipeg), Greg Barrett has completed an article on Blessed Vasyl Velychkovsky, Bishop and Martyr. Blessed Vasyl's life is an inspiration both in terms of faithfulness to God and church but also provides a critical context for understanding what is happening in Ukraine today. Greg Barrett is a member of Mary, Mother of the Church parish.



To read this wonderful piece, [click here.](#)

REFLECTIONS



MARRIAGE TIPS

Jesus often reminds his disciples not to be afraid: "Take heart, it is I; do not be afraid." (Mt 14: 27) We are human, however, and we still have fears. What are you afraid of? Share your fears with your spouse and encourage each other.



STEWARDSHIP REFLECTION

August 30, 2026 - 22nd Sunday in Ordinary Time

"Do not conform yourselves to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing and perfect." Romans 12:2

The bishops in their pastoral letter on stewardship warn us about conforming to the destructive "isms" at work in our culture -- materialism, individualism, and consumerism. Stewardship calls us to generously share what we have with others. Stewardship focuses on our dependence on God. This focus goes against our culture's focus on independence and individualism.



GRIEF REFLECTION

Reconciling your grief will not happen quickly. Be patient and tolerant with yourself. Neither you nor those around you must forget that the death of someone loved changes your life forever.

Save the date! Jubilee Year of St. Francis of Assisi 1226-2026 • 800th Anniversary Feast Day • Sunday, October 4, 2026 in Pinawa

"Come and see" John 1:39 St. Francis of Assisi Parish warmly invites you to join us as we celebrate the 800th anniversary of St. Francis of Assisi.

- 1:00 PM Prayers, Veneration of Relic
- 2:00 PM Mass celebration presided by His Grace Archbishop Albert LeGatt
- 4:30 PM Reception [light lunch & beverages]

RSVP by Tuesday, September 15, 2026 via email at:

rccparishpinawa@stfrancispinawa.ca

Please join us for this wondrous occasion.

For the poster, [click here.](#)



COMMUNITY NEWS

World Youth Day 2027 – Seoul, South Korea

A few weeks ago, we were blessed to gather with some of our World Youth Day pilgrims from the Archdiocese of Winnipeg and St. Boniface here at St. Timothy Parish. About half of our delegates were able to attend as we came together in prayer, fellowship, and preparation for the journey ahead. We are also blessed to have some of our own parishioners from St. Timothy Parish who will be part of this pilgrimage!



We invite our parish family to continue praying for all of our pilgrims—that the Lord may guide every step of their preparations and open their hearts to all that He has in store for them.

As they prepare for this incredible pilgrimage of faith, they have fundraising initiatives to help offset the cost of the trip. Some items and opportunities that are available for purchase are Krispy Kreme donuts, Pizza Hotline vouchers, and bowling passes! See posters for details. You can also choose a pilgrim to support online (*more details coming soon!*). Thank you for your prayers, encouragement, and generosity as we journey together as one parish family and support our pilgrims on their way to World Youth Day 2027 in South Korea.

Pins Pizza & Pop WYD Fundraiser

UPTOWN ALLEY
1301 St Matthews Ave Winnipeg, MB R3G 1E3

SEP 15 6:30PM - 7:30PM
8:00 PM - 9:00PM

SEP 22 6:30 PM - 7:30PM
8:00 PM - 9:00PM

\$25

Join us for an evening of Pins, Pizza & Pop in support of our World Youth Day 2027 Pilgrims!

\$25 includes: 1 hour of bowling, 2 slices of pizza, & pop

Every ticket sold helps a pilgrim with their journey to WYD 2027 in Seoul, South Korea!

Gather your friends, fill a lane (up to 6 people), or come make some new ones.

Every strike makes a difference!

Logos: ARCHDIOCESE OF WINNIPEG, OYAM, St. Boniface, WYD SEUL 2027

Krispy Kreme DOUGHNUTS

WYD Fundraiser

SUPPORT A PILGRIM. SATISFY YOUR SWEET TOOTH.

Scan to support!

For just \$20 per dozen, you're not simply buying donuts; you're investing in a pilgrim's encounter with Christ, the universal Church, and thousands of fellow pilgrims from around the world.

Choose a pilgrim to support, place a pre-order, and know that every bite brings them one step closer to World Youth Day 2027 in Seoul, South Korea.

\$20.00 per dozen

Donut Pick up day:
Sunday, September 27th, 2026 1:00 pm - 3:00 pm
St. Boniface Archdiocesan Centre

WYD 2027 WINNIPEG & ST BONIFACE DELEGATION

PIZZA HOTLINE FUNDRAISER CARD

PIZZA THAT GIVES BACK!

Fundraiser Card OVER \$30 VALUE

FREE 15" XL 2 TOPPING PIZZA
FREE 2-LITRE PEPSI
FREE 2-LITRE SAUCE
FREE 2-LITRE 7-UP
FREE ORDER OF CHEESESTICKS

\$10/CARD

GRAB YOUR PIZZA HOTLINE COUPON CARD FOR JUST \$10 AND ENJOY INCREDIBLE PIZZA DEALS WHILE SUPPORTING OUR WORLD YOUTH DAY PILGRIMS ON THEIR JOURNEY TO SEOUL, KOREA.

Logos: ARCHDIOCESE OF WINNIPEG, OYAM, St. Boniface, WYD SEUL 2027