



The Roman Catholic
Parish of St. Timothy

Archdiocese of St. Boniface
135 John Forsyth Road
Winnipeg Manitoba R2N 1R3

204-949-3760 info@st-timothy.ca
website: st-timothy.ca

*Our vision is to be a life-giving community
committed to welcome,
to worship, to grow, and to serve.*

Mass Schedule

LORD'S DAY:

Saturday at 4 pm
Sunday at 9 am & 11 am

WEEKDAY MASS:

Tuesday - Friday at 9:30 am

Parish Office Hours:

Tuesday, Wednesday & Thursday:
9 am - 5 pm (closed noon - 1 pm)

DECEMBER 14, 2024

Third Sunday of Advent Gaudete Sunday



ENTRANCE ANTIPHON

*“Rejoice in the Lord always; again I say, rejoice.
Indeed, the Lord is near.” Phil 4:4-5*

Sacrament of Reconciliation (Confession): Half an hour before Mass, or you may make an appointment by contacting Fr. Brian.

Sacrament of the Anointing of the Sick: By individual appointment. Contact Fr. Brian or the parish office.

Baptisms: Contact the parish office three months in advance.

Weddings: Contact the parish office *at least* six months in advance.

Pastor: Fr. Brian Trueman
fr.brian@st-timothy.ca / 204-949-3769

Parish Admin Assistant: Paulene Limonar
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Seminararian:
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Parish Pastoral Council:
ppcsttimothy@gmail.com

Society of St. Vincent de Paul:
ssvpwinnipeg@gmail.com

Refugee Ministry:
st.timothyrefugeeministry@gmail.com

Bulletin: Submit church-related announcements to Paulene by Tuesday (bulletin@st-timothy.ca)

Find us on Facebook :
[Roman Catholic Parish of St. Timothy](https://www.facebook.com/RomanCatholicParishofStTimothy)



COMING UP AT A GLANCE

Saturday, Dec. 13

*Parish Pastoral Council
(PPC) - 12:30 pm
Library*

Monday, Dec. 15

*Fan into Flame
Prayer Group
Rosary - 6:30 pm
Meeting - 7 pm - Parish Hall*

Tuesdays after Mass

*Exposition, Adoration of
the Blessed Sacrament
& Benediction*

Tuesday, Dec. 16

*Jubilee Pilgrimage to Bishop
Velychkovsky National
Martyr's Shrine
1:00-3:00 pm*

Saturday, Dec. 20

*Rorate Caeli Mass
at 7:30 am*

Sunday, Dec. 21 at 11 am

*Children's Liturgy
of the Word*



Upcoming Sunday Readings

4th Sunday of Advent: December 21

Is 7:10-14 Ps 24
Rom 1:1-7
Mt 1:18-24

Holy Family Sunday: December 28

Sir 3:2-6, 12-14
Ps 128
Col 3:12-21
Mt 2:13-15, 19-23

Mass Intentions for December 13-21, 2025

Sat., Dec. 13	4:00 pm	† Tom Thompson from Eugène and Judy
Sun., Dec. 14	9:00 am	Special Intention from Anita Nowak
	11:00 am	Needs and intentions of all parishioners from Fr. Brian Trueman
Tues., Dec. 16	9:30 am	In thanksgiving from Mark & Joanne Montero
Wed., Dec. 17	9:30 am	Deceased family members of Blerot & Cruywels family from Alfred & Marilyn Blerot
Thurs., Dec. 18	9:30 am	† Ralph MacCormack from Donna MacCormack
Fri., Dec. 19	9:30 am	Souls in Purgatory from Germaine Vandekekhove
Sat., Dec. 20	4:00 pm	† Margaret Stroh from Bob Stroh and family
Sun., Dec. 21	9:00 am	† Marcel & Joan Fraser from Fraser family
	11:00 am	Needs and intentions of all parishioners from Fr. Brian Trueman

Mass Times for the Octave of Christmas

The Nativity of the Lord (Christmas)

Christmas Eve – Wednesday, Dec. 24 at 4:00 pm & 9:00 pm
Christmas Day – Thursday, Dec. 25 at 11:00 am

Weekday Mass

Friday, Dec. 26 – No Mass in the Parish
Tuesday, Dec. 30 at 09:30 am

Holy Family Sunday (Regular Sunday Mass Times)

Saturday, December 27 at 4:00 pm
Sunday, December 28 at 9:00 am and 11:00 am

Solemnity of Mary the Mother of God (New Year's)

Wednesday, Dec. 31 at 4:00 pm
Thursday, January 1 at 11:00 am

Parish Office Hours: The parish office is **closed** from Wednesday, December 24, 2025 at noon and reopens on Friday, January 2, 2026 at 9:00 am

CHRISTMAS HAMPER CAMPAIGN

We are well on our way to preparing Christmas Hampers for 30 families in need. Thank you to everyone for your wonderful generosity! Christmas will be cheerful for many children and their parents, thanks to your efforts and generosity!

The **deadline to donate is Tuesday, Dec. 16.** Any food or monetary donations dropped off after this date will be used for our SSVP hampers in the new year. Excess toys will be donated to the Christmas Cheer Board for more grateful children.



Do This in Remembrance of Me, Part 49: Consecration

After the calling down of the Holy Spirit, we are now ready for the **Consecration**. As Charles Belmonte reminds us, “What mankind has been waiting for through centuries is now going to take place among us” (*Understanding the Mass*, p. 138). At this moment of the Mass, the priest takes the bread and chalice of wine that will become the Body and Blood of Jesus. We hear the words of Jesus: “Take this, all of you, and eat of it, for this is my Body, which will be given up for you.” And soon after, “Take this, all of you, and drink from it, for this is the chalice of my Blood, the Blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins. Do this in memory of me.” Let’s pause for a moment and think about what just happened in the Mass: Jesus himself, Almighty God, Second Person of the Trinity, through the hands and voice of the priest, is now truly, really, and substantially present on the altar!



Jesus Becomes Truly Present to Us

After the Consecration, the priest raises the host and chalice above the altar in a moment of silence. This elevation is a wonderful moment of prayer and adoration. We are gazing upon Jesus truly with us, and in that moment, we can adore him for all he has done for us: that he would be willing to come and dwell among us. That he would be willing to bear the burden of our sins on the cross so we could be forgiven. That he loves us so much that he remains with us in the Blessed Sacrament. Praise him!

Following the elevation, the priest places the host and the chalice on the altar, and then he genuflects in adoration to the Lord Jesus present on the altar. In this moment during the Mass, I often recall a very influential priest in my life. He shared that anytime he would make a genuflection, he would pray the words of St. Thomas from Divine Mercy Sunday, “My Lord and my God!” (John 20:28). He said that praying these words always reminds him of who is truly present in front of him, that Jesus is truly in our midst!

The Difference between Adoration and the Mass

Going even deeper on the moment of elevation, Charles Belmonte explains, “Three things are intended by the elevation of the sacred host: [1] To expose Jesus Christ, now present on the altar, to the adoration of the faithful. [2] To re-present the elevation of Jesus Christ’s body on the cross... [3] To offer to God in silence this only one Victim of our salvation.” Belmonte continues, “During the elevation, we should glance at the Eucharistic species in adoration. But we should also remember that we have come to Mass not only to worship Jesus Christ present in the sacrament of the altar. That could be done equally well in the Exposition and Benediction with the Blessed Sacrament. We come to Mass also to offer Jesus Christ on the cross with the priest and the entire Church, and to offer ourselves to God with Jesus Christ and as part of the Mystical Body. In other words, we come mainly to share in the sacrifice of Jesus Christ. As part of the Church, we are united to Christ in the act wherein he himself offers his sacrifice to his Father” (*Understanding the Mass*, pp. 142–143). As we have said before during the Offertory, the Mass truly is an invitation for us to share in the sacrifice of Jesus. We will come back to that as we continue through the Eucharistic Prayer.

In Persona Christi during the Consecration

One more thing on the Consecration: did you notice anything different about how the priest says those words of Jesus during the Consecration? As the Diocese of Peoria teaches, “The priest speaks in the first person because he is acting in the person of Christ [this is called in persona Christi]. At his ordination, the priest is configured to Christ the High Priest in such a way that he acts in his person as he continues the priestly work of Christ here on earth. It was Christ himself at the Last Supper who commanded his apostles to continue this great mystery and sacrifice of love throughout the ages. The same Word that created the heavens and the earth in the beginning, and the same Word that became flesh in the womb of Mary, is the same Word that commands the bread and wine to be the very Body and Blood of Christ” (*A Study of the Mass*, p. 15). For me as a priest, this is always one of the most humbling and awe-inspiring moments. I’ll never forget nearly 20 years ago at my first Mass of Thanksgiving, holding the Sacred Host—truly Jesus—and marveling in wonder: “Lord, how did you just do that... with these hands... with this voice... amazing!”

For Reflection:

1. Do you associate a particular prayer with genuflecting? Take time to reflect on and select a phrase from Scripture or another prayer to enrich your practice of genuflecting in adoration before the Lord in the Blessed Sacrament.
2. Consider adopting the phrase “My Lord and My God!” ([John 20:28](#)) as a silent prayer during the elevation of the Eucharist. If not this phrase, then what would you like to say to Jesus at this time?



Advent Penitential Liturgies (Confession) in Parishes in our Deanery

St. Emile Parish – Tuesday, Dec. 9 at 7 pm
Christ the King Parish – Wednesday, Dec. 10 at 7 pm
St. Timothy Parish – Friday, Dec. 12 at 7 pm
St. Andrew Bobola Parish – Sunday, Dec. 14 at 6 pm
Mary, Mother of the Church Parish – Tuesday, Dec. 16 at 7 pm
St. Bernadette Parish – Thursday, Dec. 18 at 7 pm
Holy Cross Parish – Friday, Dec. 19 at 7 pm
Holy Korean Martyrs – Sacrament of Reconciliation 30 minutes
prior to Thursday 7 pm Mass and Sunday 11 am mass



Jubilee Pilgrimage to Bishop Velychkovsky National Martyr's Shrine

**Tuesday, Dec. 16, 2025
from 1:00-3:00 pm**

Join us on Tuesday, Dec. 16, 2025 from 1:00-3:00 pm to learn about Blessed Vasyl Velychkovsky and to pray and venerate before his Holy Relics.

Blessed Vasyl Velychkovsky, a modern day martyr from Ukraine, was proclaimed by Saint Pope John Paul II as Blessed in 2001. Through God's providence he passed away in Winnipeg in 1973, after living one year in Canada. His fully intact body was enshrined in 2002 at St. Joseph's Ukrainian Catholic Church – 250 Jefferson Avenue. For the past 23 years, his Shrine has been a place of holiness. Many have experienced graces through his intercession.

Come learn more about our brothers and sisters in the Ukrainian Catholic tradition, visit Winnipeg's own incorrupt saint-in-the-making, and end the Jubilee year with a tour of one of our locally chosen shrines! The guided tour will be about 1.5 hours long. If you're interested in going, please RSVP via the [link: https://rsvp.church/r/mRvh7Ock](https://rsvp.church/r/mRvh7Ock) (or a sign up sheet is also available in the narthex) to help us plan. Additionally, we might arrange for carpooling from St. Timothy to the shrine, meeting here for 12:15 pm, so let us know if you're interested in the carpool.

Peace.
Fr. Brian



Rorate Caeli Mass at St. Timothy Saturday, Dec. 20th at 07:30 am

A Rorate Caeli Mass is traditionally celebrated just before dawn in Advent as a devotion to the Blessed Virgin Mary. The Mass is only lit by candles, representing Mary's role in bringing the Light of the World into the darkness of the world. As Mass progresses, the church becomes brighter until the risen sun fills it with the light of day. Rorate Caeli is Latin for "Drop down, ye heavens", coming from Isaiah 45:8: "Drop down dew, ye heavens, from above, and let the clouds rain the just: let the earth be opened and bud forth a Saviour."



From the Companions in Grief team GRIEF SUPPORT GROUP

**Tuesdays, January 20 - March 24
from 1:30 - 3:00 pm (10 weeks)**

The Parish of St Timothy Companions in Grief team will offer a Grief Support Group in the new year. This is a 10 week program for those grieving the loss of a loved one. In this group we offer and receive support from each other in our grief journey.

We will use the book by Alan D Wolfelt Ph.D., called "Understanding Your Grief" and the companion journal. (It is from this book that we post many of our grief reflections in this space in the bulletin.)

There is no charge for the program but the cost of the two books is approximately \$45, and you get to keep the two books.

If you are interested and would like more information, please contact Paulene at the parish office at info@st-timothy.ca or 204-949-3760.

Note: We require a minimum of 6-8 participants.



Thanks to Fr Brian, Grace, and the people of St Timothy's. Together you contributed to a very successful launch of the International Student Connections project, with nine international students matched with host families to enjoy a meal together in the host's home during the winter semester.

A comment from one of the students gives an idea of the project's value: "thank you all so much for the warm welcome, the conversations and effort put into the realization of this extension of love, care, sense of community and family. You're the family connections we've longed for and the parents we left behind."

For more information visit:
<https://internationalstudentconnections.ca>

Ray Temmerman



Fan in to Flame Prayer Group December 15, 2025 at 7 pm St. Timothy Parish Hall

(Rosary starts at 6:30 pm in the church)

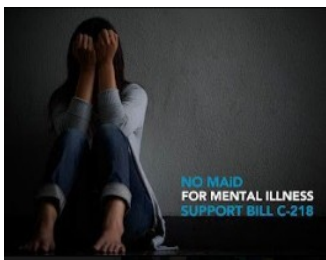
Join the Fan into Flame prayer group this Monday, and most Mondays!

CRIB CLUB on Monday, Dec. 15 is **CANCELLED**



Archbishop LeGatt Video Come, Lord Jesus!

As we enter the holy season of Advent, Archbishop Albert invites us to reflect on Christ's call to welcome the stranger: "I was a stranger and you welcomed me." As we pray, "Come, Lord Jesus," may His coming into our hearts transform us so that we may recognize, receive, and truly welcome those whom God places in our path. Wishing you and your loved ones a blessed and hope-filled Advent. Come, Lord Jesus To view the video, click here or visit the diocesan Facebook page at: <https://www.facebook.com/ArchSaintBoniface/> or visit the diocesan website homepage at: www.archsaintboniface.ca



Prevent Euthanasia (MAiD) for Mental Illness in Canada. Support Bill C-218

Alex Schadenberg is the Life Director for the Knights of Columbus Ontario State Council. He holds this position alongside his work as the executive director of the Euthanasia Prevention Coalition. In his blog of November 12, Brother Alex reminded us that: "In March 2021, the Canadian government expanded the euthanasia law by passing Bill C-7. One of the expansions in the law permitted euthanasia for a mental illness alone. The government approved euthanasia for mental illness alone with a two-year moratorium to provide time to prepare for the change. The government delayed the implementation of euthanasia for mental illness alone twice and in 2024 the government delayed its implementation until March 17, 2027." We could stop this... this is what you need to know:

[click here](https://alexschadenberg.blogspot.com/2025/11/prevent-euthanasia-maid-for-mental.html), or visit:

<https://alexschadenberg.blogspot.com/2025/11/prevent-euthanasia-maid-for-mental.html>

December is a wonderful month to give the Gift of Life!

It only takes 1 hour to save a life by donating blood. It is a fantastic way to give and help in our community. Some interesting facts for you:

- Every 60 seconds someone will need blood or blood products.
- Only 2% of Canadians donate blood and their donations supply blood for the ENTIRE country.
- Every month in Manitoba we have 5000 appointments that need to be filled to meet patient's needs and hospital demands.



WEEKLY MARRIAGE TIP

Don't let the chaos that often accompanies the Christmas rush disrupt your peace and love. If you realize that you have spoken harshly or impatiently to your spouse or child, ask God to grant you more peace and ask your spouse or child for forgiveness.



STEWARDSHIP REFLECTION

December 14, 2025

3rd Sunday of Advent

"You too must be patient. Make your hearts firm, because the coming of the Lord is at hand." JAMES 5:8

Patience is another one of those things many of us struggle with. We want things to go according to our plan and our schedule; we like things to be convenient. Any change brings anxiety and fear. Through daily prayer God reveals to us what He wants us to do with the gifts He has given us. We are able to better align ourselves with God's will and His plan, which is far better than anything we can come up with on our own.



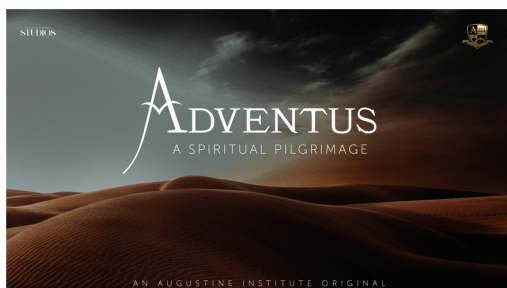
Proposed Restrictions on Religious Freedom – Bill C-9 Thursday, December 04 2025

(Ottawa) — The Liberal government has reached an

agreement with the Bloc Québécois concerning an amendment to eliminate the religious exemption clause from Canada's hate speech legislation in Section 319 (3) (b) of the Criminal Code. This initiative is intended to garner support for Bill C-9, titled 'An Act to amend the Criminal Code (hate propaganda, hate crime, and access to religious or cultural places).' The current provision in the Criminal Code slated for removal states: "(3) No person shall be convicted of an offence under subsection (2) [...] (b) if, in good faith, the person expressed or attempted to establish by an argument an opinion on a religious subject or an opinion based on a belief in a religious text." Bill C-9 has passed the first and second readings and it is now undergoing review by the Standing Committee on Justice and Human Rights, with the latest proposed amendment, referenced above, subject to a vote possibly as early as this afternoon. Given all that could be at stake if the amendment passes, the Permanent Council of the Canadian Conference of Catholic Bishops has sent an open letter to the Prime Minister, with other government officials in carbon copy. To read the CCCB letter, please [click here](#).

This Week on Formed

Week of December 14, 2025



Adventus: A Spiritual Pilgrimage

This Advent, make a spiritual pilgrimage to the Holy Land. Uncover the beauty of the place where Christ was born, preparing your heart for Christ's coming so you can enter more deeply into this season.



30 Minutes BC

30 Minutes BC creatively explores the profound emotions and intimate struggles of Mary and Joseph during the final 30 minutes before the birth of Jesus. As the clock ticks down, the couple navigates a whirlwind of hope, joy, and uncertainty, turning to God amidst it all.



Is Christmas Pagan? What Catholics Believe About Christmas

Dr. Michael Barber answers some of the Internet's most asked questions about Christmas. Is Christmas a pagan holiday? Why is Christmas celebrated on December 25? What happened at the "first Christmas"? Find out the answers to these and more!

Our parish has a Formed subscription.
Visit signup.formed.org and select our parish name.