

THE ROMAN CATHOLIC PARISH OF ST. TIMOTHY

Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.

Archdiocese of St. Boniface
135 John Forsyth Road
Winnipeg Manitoba R2N 1R3

Email: info@st-timothy.ca
Phone: (204) 949-3760
Website: st-timothy.ca

Mass Schedule

Office Hours

THE LORD'S DAY:

Saturday at 4:00 pm
Sunday at 9:00 am & 11:00 am

Tuesday, Wednesday & Thursday

9:00 am to 5:00 pm
(closed noon - 1 :00 pm)

WEEKDAY MASS:

Tuesday to Friday at 9:30 am

April 19, 2026 • 3rd Sunday of Easter

“Cry out with joy to God, all the earth; O sing to the glory of His name. O render him glorious praise, alleluia.” ENTRANCE ANTIPHON

Sacraments

Reconciliation (Confession) – Half an hour before Mass, or you may make an appointment by contacting Fr. Brian.

Anointing of the Sick – By appointment. Contact Fr. Brian or the parish office.

Baptisms – Contact the parish office three months in advance.

Weddings – Contact the parish office at least six months in advance.



THE PREACHING OF
ST. PETER IN JERUSALEM
BY CHARLES POËRSON (1642)

Pastor: Fr. Brian Trueman
fr.brian@st-timothy.ca | 204-949-3769

Parish Administrative Assistant:
Paulene Limonar
paulene@st-timothy.ca | 204-949-3760

Parish Accountant: Diane L'Arrivee
diane@st-timothy.ca | 204-949-3768

Coordinator of Religious Education:
Michelle Coyne
michelle@st-timothy.ca | 204-949-3764

Youth Ministry Coordinator:
Vince Diestro
youth@st-timothy.ca | 204-257-3723

**Pastoral Care and
Safe Environment Officer:**
Maria Castellano | maria@st-timothy.ca

Seminarian:
Anthony Hoang | anthony@st-timothy.ca

Custodian: Ignatius Zinowko
custodian@st-timothy.ca

Parish Pastoral Council:
ppcsttimothy@gmail.com

Society of St. Vincent de Paul:
ssvpwinnipeg@gmail.com

Refugee Ministry:
st.timothyrefugeeministry@gmail.com

Bulletin: Submit by Tuesday
bulletin@st-timothy.ca



COMING UP...

Saturday, April 18

Adult Faith Formation & RCIA
10:00 am | Parish Hall

CCRS: Alive
7:00 pm



Monday, April 20

Fan into Flame
Prayer Group
Rosary - 6:30 pm
Meeting - 7 pm | Parish Hall

Tuesdays after Mass

Exposition, Adoration of
the Blessed Sacrament
& Benediction



Please remember in
your prayers...

† *Leonard Kelly*

His funeral service will be on
Friday, April 24 at 11:00 am.

Please remember his family
as they grieve the loss of
their loved one.

UPCOMING
READING

4th Easter Sunday

Acts 2:14, 36-41
Psalm 23
1 Peter 2:20-25
John 10:1-10

Mass Intentions for April 18-26, 2026

Sat., Apr. 18	4:00 pm		Special Intention from Gocik Family
Sun., Apr. 19	9:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman
Sun., Apr. 19	11:00 am	†	Dennis Labossiere from Kathy Labossiere
Tue., Apr. 21	9:30 am		Special Intention from Gocik Family
Wed., Apr. 22	9:30 am	†	Deceased brother Knights from the Knights of Columbus
Thu., Apr. 23	9:30 am		Special Intentions from Vi Lavallée
Fri., Apr. 24	9:30 am	†	Hugh McMeel from the Knights of Columbus
Sat., Apr. 25	4:00 pm	†	Deceased Lavallée family members from Marc and Vi Lavallée
Sun., Apr. 26	9:00 am	†	Deceased family members of Blerot and Cruywels Families from Alfred Blerot
Sun., Apr. 26	11:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman

Please note: There will be **no weekday Mass from April 28 to May 1**, as Fr. Brian will be attending a priest retreat in Pinawa.

THIS WEEK ON FORMED: Visit formed.org/signup



St. Mark the Evangelist

Just who is St. Mark, the author of this short but action-packed Gospel? Using outside sources, other books of the Bible, and the Gospel itself, Dr. Gray takes a closeup look at St. Mark, and his connection with St. Peter and the Christians of Rome.

Lectio: Mark

Join Dr. Tim Gray in this powerful 14-part series to discover the Gospel of Mark like never before. Immerse yourself in this action-packed Gospel that offers Saint Peter's account of Christ's life and teaching

to had diseases pressed upon him to touch him. "An
spirits beheld him, they fell down before him and cried."¹² And he strictly ordered them not to make him
n the mountain, and called to him those whom he d
m. "And he appointed twelve, to be with him, and
nd have authority to cast out demons: "Simon who
nes the son of Zeb'edee and John the brother of Jan
Bo-aner'ges, that is, sons of thunder; "Andrew, and
ew, and Matthew, and Thomas, and James the son
e and Simon the Cananaean. "and Judas Iscariot, w

Via Lucis



Via Lucis, or the Stations of Light, is a devotional practice for reflecting on the joy and hope of the Resurrection during the Easter season. While the Stations of the Cross commemorate Jesus' journey to his crucifixion and death, the Stations of Light focus on the events that followed the Resurrection.

To gain **FREE** access to all of FORMED's content, follow these simple steps:

- Visit formed.org/signup
- Enter our parish's name: Parish of St. Timothy or R2N 1R3
- Enter your name and your email address



Do This in Remembrance of Me, Part 65: Fraction

This week, we continue with the meaningful actions that are happening during the Lamb of God. The Roman Missal indicates that during the singing or recitation of the Lamb of God, the priest “takes the host, breaks it over the paten, and places a small piece in the chalice, saying quietly: ‘May this mingling of the Body and Blood of our Lord Jesus Christ bring eternal life to us who receive it.’” We call this part of the Mass the Fraction or the Breaking and the Commingling. The Catholic Encyclopedia teaches that, “The ‘Breaking,’ from the Latin, *fractio*, is the act of breaking the bread of the species consecrated in the Mass” (Catholic Encyclopedia, p. 226), which is why the breaking is sometimes called the fracturing rite. “This rite, which is simple in its appearance, is full of ancient meaning. At the Last Supper, Jesus ‘broke the bread’ to distribute to the disciples. After the Resurrection, the disciples recognized Jesus in the ‘Breaking of the Bread.’ Both in the Acts of the Apostles and in the letters of St. Paul, the Eucharistic celebration is often referred to as ‘breaking of the bread.’” (A Study of the Mass” p. 19). Dr. Edward Sri notes several Scripture passages regarding “Breaking the Bread,” including: [Mt 14:19](#); [15:36](#); [Mk 6:41](#); [8:6](#); [Lk 9:16](#); [Mt 26:26](#); [Mk 14:22](#); [Lk 22:19](#); [1 Cor 11:24](#); [Lk 24:30](#); [Acts 2:42, 46](#) (A Biblical Walk Through the Mass, pp. 132–33).

A Sign of Unity

“Breaking Bread” is a sign of our unity, together sharing in the “one loaf.” Although for practicality many churches use smaller hosts for the distribution of Holy Communion, the symbolism of the fracturing reminds us that we are united together in Christ, not only in the Mass where we are but also with those present at Mass in every time and place. Another sign of unity is the Church’s direction that, if possible, the faithful should receive Communion from hosts consecrated at that particular Mass. We know Christ is truly present and remains so in the hosts reserved in the tabernacle. Receiving hosts consecrated in the Mass we are participating in provides a sign of unity and also strengthens our participation in the sacrifice of Christ. (Recall from the Old Testament/Temple times that people were given a portion of the sacrifice, and their participation was completed through eating that portion.)



A Symbol of Reality

As mentioned above, after the initial breaking of the Host, the priest breaks off a small piece and places it into the chalice. This is called the “Commingling.” As the Diocese of Peoria explains, “Placing a piece of the host in the chalice is a very ancient custom dating back to at least the fourth century. Originally, it was designed to show unity and communion between the pope, bishops and their local Churches. Fragments of the host from the Masses celebrated by the pope or bishop were carried by the deacons to the local churches and placed into the chalices during the celebration of the Mass. It symbolized the reality that the entire [C]hurch is present at every Mass. Even though it is not practiced as such today, the commingling of the Body and Blood of Jesus Christ remains a beautiful part of the Communion Rite as it expresses a great reality. When the consecration takes place, the bread and the wine are consecrated separately, for this is how our Lord instituted the memorial sacrifice of His death on the cross. He anticipated how His death would take place: the separation of His Body and Blood and He bled to His death on the cross. The commingling at this point during the Mass symbolizes the Resurrection of Jesus when on the third day His Body and Soul were reunited forever” (A Study of the Mass, p. 19).

Reminding us that the whole Christ is present in either/both the Consecrated Host and/or the Chalice, Charles Belmonte writes, “Some say that the separated species signify the Victim in the state of death (the body in one place, the blood in another), whereas in reality our Lord is present in either and in both species, as he is in heaven, living and glorious. Therefore, the mingling symbolizes the re-union of Christ’s body and soul as in his resurrection. It is, however, probable that the mingling must have corresponded to the dogmatic need to show clearly the unity and indivisibility of the body and blood of Jesus Christ” (Understanding the Mass, pp. 179–80).

A Sacrament of Unity

As a priest, I really enjoy thinking about the ancient custom of having the deacon bring a fragment of a host consecrated at Mass by the bishop. Sometimes after the commingling prayer, I will silently say a short prayer for the bishop. I ask the Lord to gift him with wisdom and strength to lead us well. I ask that he be strengthened through reception of the Eucharist and that his heart continue to become more like Christ’s. In that moment, this sign of unity recalls me back to ordination day, when priests promise respect and obedience to the bishop and his successors. The Eucharist truly is our sacrament of unity—drawing each of us into greater unity with Christ and with one another.

All that from the Fraction Rite and Commingling! This rite shows us very concretely that there are no parts of the Mass without deep meaning, even gestures that may seem small. Does this mean we have to pay attention at every moment? Do your best, and realize that if you wander off, you might miss something really special!

For Reflection:

1. Pray with one or more of the Scripture passages which feature the “Breaking of the Bread,” such as [Mt 14:19](#), [15:36](#), [26:26](#); [Mk 6:41](#), [8:6](#), [14:22](#); [Lk 9:16](#), [22:19](#), [24:30](#); [Acts 2:42, 46](#); [1 Cor 11:24](#). Rest in your awareness of being part of the “great cloud of witnesses” united in the “Breaking of the Bread.”
2. Pay particular attention to the Fraction Rite and Commingling next time you participate in Mass. Pray for your local bishop and for the unity of the local and universal Church.

FINANCIAL STATEMENT

	Sunday Offerings	All Other Income	Expenses	Net Income
March				
Actual	\$46,203	\$6,227	\$47,053	\$5,376
Budget	\$45,583	\$4,417	\$49,417	\$583
YTD (January–March)				
Actual	\$127,896	\$14,890	\$136,013	\$6,773
Budget	\$136,750	\$13,250	\$148,250	\$1,750

Funds	Refugee	Contingency	Building	SSVP
Current	\$3,361	\$97,015	\$53,517	\$27,640
Goal	N/A	\$100,000	N/A	N/A

 **GRIEF REFLECTION**

Sit quietly. Remember that God is with you. Open your heart to receive God’s all-embracing love for you. Let these words sink into your mind and heart: “My love is stronger than death”. Bring this truth into your whole being. Let it give you comfort and strength. — *From the book: May I Walk You Home*

Baptism Preparation Meeting – Thursday, May 14, 2026 at 6:30 PM

Are you expecting a child or have a young child and are considering Baptism? Our parish offers a Baptism Preparation Program to support parents as they prepare for this important sacrament.

The program includes:

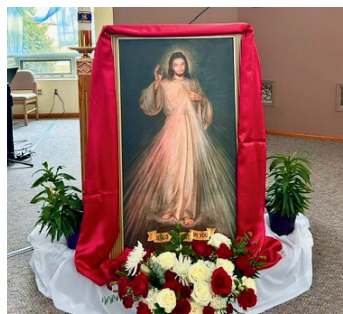
- **Online** Reborn videos on Formed
- One **in-person** session with Fr. Brian, Michelle Coyne, and other parents



This program is required for first-time parents and recommended as a refresher for those who have previously participated.

The next **in-person** meeting will be held **Thursday, May 14 at 6:30 PM**. Parents are asked to watch the Reborn videos in advance using this link (after signing into Formed): <https://bit.ly/BaptismPrepReborn>

Please RSVP by emailing the parish office at info@st-timothy.ca. If you cannot attend, another session will be offered later this year.



The **Divine Mercy Sunday fellowship** was a joyful and faith-filled gathering, with approximately 140–150 people in attendance. We are grateful to share that about **\$1,350 was raised** and will be shared between the Society of St. Vincent de Paul (SSVP) and the Divine Mercy Mission in the Philippines. Thank you to everyone who participated and contributed to the success of this beautiful event!

A special note of appreciation goes to the Payumo family and friends for preparing and serving a delicious lunch that was enjoyed by all. Their hard work and hospitality helped make the day even more memorable.

Marriage Enrichment Afternoon – Saturday, May 2, 2026, 1:00 PM to 3:30 PM

All married couples are invited to an afternoon of Marriage Enrichment offered by the St. Timothy Parish Marriage Formation Team with Worldwide Marriage Encounter, in collaboration with the Archdiocese of Saint Boniface. Held Saturday, May 2nd, 2026 from 1:00 PM to 3:30 PM at St. Timothy Parish (135 John Forsyth Rd, Winnipeg). **REGISTRATIONS REQUIRED.**

THEME: Called to Relationship. This session is designed for couples to affirm why you said "Yes" to each other and to sustain your "Yes" in a new way - a newness which also includes keeping Christ in your relationship. There will be no group sharing.

Register by Monday, April 27th at bit.ly/May2Enrichment or with the QR Code. Suggested Donation: \$25/couple (donations received at the event)

For more information, see poster here or contact the St. Timothy Parish Office at 204.949.3760 or info@st-timothy.ca.

