

# THE ROMAN CATHOLIC PARISH OF ST. TIMOTHY

*Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.*

Archdiocese of St. Boniface  
135 John Forsyth Road  
Winnipeg Manitoba R2N 1R3

Email: [infoest-timothy.ca](mailto:infoest-timothy.ca)  
Phone: (204) 949-3760  
Website: [st-timothy.ca](http://st-timothy.ca)

## Mass Schedule

### THE LORD'S DAY:

Saturday at 4:00 pm  
Sunday at 9:00 am & 11:00 am

### WEEKDAY MASS:

Tuesday to Friday at 9:30 am

## Office Hours

Tuesday, Wednesday & Thursday  
9:00 am to 5:00 pm  
(closed noon - 1:00 pm)

**NOTE: Fr. Brian will be away  
from February 2-6, 2026**

*Jan. 25, 2026 • Solemnity of Sts. Timothy & Titus*

*"For this reason I remind you to rekindle the gift of God  
that is within you through the laying on of my hands."*

2 TIMOTHY 1:6

**Sacrament of Reconciliation (Confession):** Half an hour before Mass,  
or you may make an appointment by contacting Fr. Brian.

**Sacrament of the Anointing of the Sick:** By individual appointment.  
Contact Fr. Brian or the parish office.

**Baptisms:** Contact the parish office three months in advance.

**Weddings:** Contact the parish office at least six months in advance.



PHOTO: [WIKIMEDIA COMMONS](https://commons.wikimedia.org/wiki/File:St_Timothy.jpg)

**Pastor:** Fr. Brian Trueman  
[fr.brianest-timothy.ca](mailto:fr.brianest-timothy.ca) / 204-949-3769

**Parish Administrative Assistant:**  
Paulene Limonar  
[paulene@st-timothy.ca](mailto:paulene@st-timothy.ca) / 204-949-3760

**Parish Accountant:** Diane L'Arrivee  
[diane@st-timothy.ca](mailto:diane@st-timothy.ca) / 204-949-3768

**Coordinator of Religious Education:**  
Michelle Coyne  
[michelle@st-timothy.ca](mailto:michelle@st-timothy.ca) / 204-949-3764

**Youth Ministry Coordinator:**  
Vince Diestro  
[youthest-timothy.ca](mailto:youthest-timothy.ca) / 204-257-3723

**Pastoral Care and  
Safe Environment Officer:**  
Maria Castellano / [mariaest-timothy.ca](mailto:mariaest-timothy.ca)

**Seminarian:**  
Anthony Hoang / [anthonyest-timothy.ca](mailto:anthonyest-timothy.ca)

**Custodian:** Ignatius Zinowko  
[custodian@st-timothy.ca](mailto:custodian@st-timothy.ca) / 204-949-3760

**Parish Pastoral Council:**  
[ppesttimothy@gmail.com](mailto:ppesttimothy@gmail.com)

**Society of St. Vincent de Paul:**  
[ssvpwinnipeg@gmail.com](mailto:ssvpwinnipeg@gmail.com)

**Refugee Ministry:**  
[st.timothyrefugeeministry@gmail.com](mailto:st.timothyrefugeeministry@gmail.com)

**Bulletin:** Submit by **Tuesday**  
[bulletinest-timothy.ca](mailto:bulletinest-timothy.ca)



## COMING UP...

### Saturday, Jan. 24

RCIA: Symbolon  
10:00 am | Parish Hall

### Tuesdays after Mass

Exposition, Adoration of  
the Blessed Sacrament  
& Benediction

### Monday, Jan. 26

Fan into Flame  
Prayer Group  
Rosary at 6:30 pm  
Meeting 7 pm | Parish Hall

### Friday, Jan. 30

Youth Group  
7:00 pm | Parish Hall

### Sunday, Feb. 1

Children's Liturgy of the Word  
11:00 am Mass



### 4<sup>th</sup> Sunday in Ordinary Time:

Zephaniah 2:3; 3:12-13  
Psalm 146  
1 Corinthians 1:26-31  
Matthew 5:1-12

### 5<sup>th</sup> Sunday in Ordinary Time:

Isaiah 58:6-10  
Psalm 112  
1 Corinthians 2:1-5  
Matthew 5:13-16

## Mass Intentions for January 24 to February 1, 2026

Sat., Jan. 24	4:00 pm		Needs and intentions of all parishioners from Fr. Brian Trueman
Sun., Jan. 25	9:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman
Sun., Jan. 25	11:00 am		For Kullman and Pereira Families from Frances Kullman
Tues., Jan. 27	9:30 am	†	Elise Gautron and Pamela Orton from Michelle Coyne
Wed., Jan. 28	9:30 am	†	Sajeev. N. P. from Nimisha Sajeev
Thurs., Jan. 29	9:30 am	†	Lilianne Delaye from Jeanine Audet
Fri., Jan. 30	9:30 am		Special Intention for Lucah Amaljith from Nimisha Sajeev
Sat., Jan. 31	4:00 pm	†	Deceased parents from Joel & Linda Bouchard
Sun., Feb. 1	9:00 am	†	Deceased members of the Borys & Sulymka Families from Margaret Sulymka
Sun., Feb. 1	11:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman

## THIS WEEK ON FORMED: Visit [formed.org/signup](https://formed.org/signup)



### St. Thomas Aquinas | Catholic Saints

St. Thomas Aquinas was given one of the greatest minds in history. He devoted his life to studying God. Not only did St. Thomas cover almost all of theology, but he also did it while maintaining theological accuracy.



### The Story of St. John Bosco

Learn the inspiring story of the life of St. John Bosco in this audio reflection intended for kids. We celebrate his feast day on January 31.



### Saint John Bosco: Mission to Love

Flavio Insinna gives a winning performance as John Bosco, the great priest and educator of youth. Beautifully filmed in Italy, this epic movie dramatizes the many challenges that he had to overcome from his childhood all the way to founding his religious order.

To gain **FREE** access to all of FORMED's content, follow these simple steps:

- Visit [formed.org/signup](https://formed.org/signup)
- Enter our parish's name: Parish of St. Timothy or R2N 1R3
- Enter your name and your email address



# PARISH LIFE 2025 HIGHLIGHTS



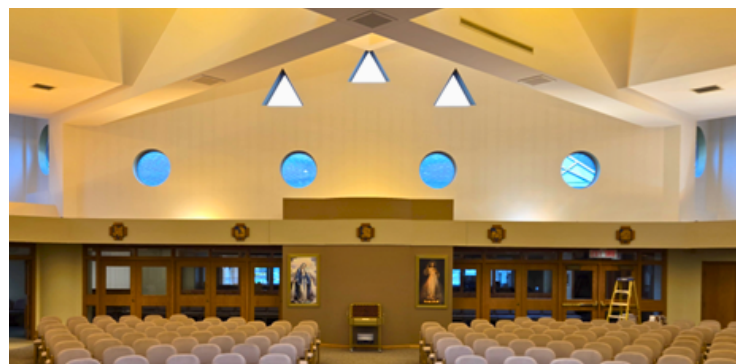
The Jubilee Year



Catechesis of the Good Shepherd



Church Changes

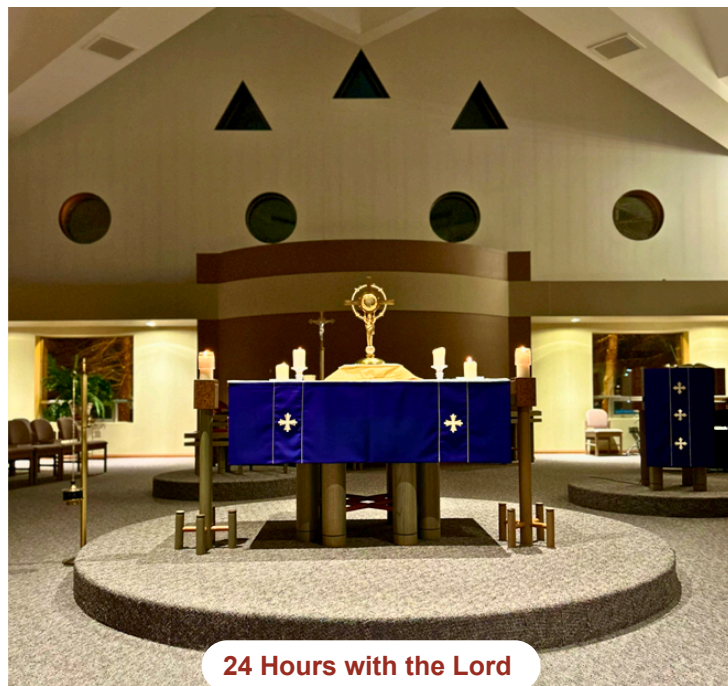




## PARISH LIFE 2025 HIGHLIGHTS



**Our Staff**



**24 Hours with the Lord**



**Alpha & RCIA/Adult Faith Formation**



**Lent Retreat**



**Confirmation Mass with Archbishop LeGatt**



**3rd Annual Corpus Christi Procession**



## PARISH LIFE 2025 HIGHLIGHTS



**Palm Sunday**



**Praise and Worship in August**



**Triumph of the Heart Movie**



**Fr. Peter Tran visits the parish**



**Easter**



**Altar Server Workshop**



**Easter**



**Rorate Caeli Mass**



**Presentation on St. Pier Giorgio Frassati**





## Thank You Cheerful Givers — Annual Financial Report for the Parish of St. Timothy

After prayerful discernment and thoughtful deliberations, your Finance Council presents the 2025/2026 financial report. We had a surplus of \$3,551 for 2025 that will be transferred to our Contingency Fund. Sunday Offerings accounted for 91% of our total income, \$590,104. Your sacrificial giving is truly inspiring!

For 2026, we are budgeting a modest 1.7% increase in Sunday Offerings. We have been experiencing steady growth in the number of families attending St. Timothy as well as solid increases in Sunday offerings (2.7% and 2.2%, respectively, in 2025). We are joyously optimistic that this trend will continue into 2026. We have budgeted a surplus of \$7,000 for this year that we will transfer into our Contingency fund. As a parish community, we are truly moving from maintenance to mission!

### Budget 2026

The chart (other side) shows our 2026 budget of \$600,000. Some things to note:

- The Clergy Pension Fund that every parish contributes to our Archdiocese is dropping to 1.5% from 4.0% (of our Sunday Offerings). This is a significant decrease that will save us nearly \$14,000!
- There is \$53,512 in our building fund. In 2025, we withdrew \$16,815 to pay for parking lot repairs.
- There is \$97,015 in our contingency fund (\$100,556 after we this last year's surplus).
- We will get a professional assessment of our heating and cooling systems.
- We have budgeted funds to upgrade our audio system and some upgrades to office IT equipment.
- Please consider switching to direct withdrawal for your Sunday Offerings. It's easy to sign up. Contact Diane, our accountant, at 204-949-3768 or
- [diane@st-timothy.ca](mailto:diane@st-timothy.ca).

Please pray and ask the Holy Spirit for guidance on how best to foster and grow true, proportional, and sacrificial giving. May the risen Christ bless and keep us safe.

*“The one who sows sparingly will also reap sparingly, and the one who sows bountifully will also reap bountifully. Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver.”*

Financial Report	Y2025		Y2026
Description	Budget	Actual	Budget
Income			
Sunday Offerings	\$525,000	\$537,755	\$547,000
Other Donations	\$14,750	\$7,744	\$8,000
Other Income	\$15,000	\$18,062	\$18,000
Hall Rental	\$22,000	\$20,238	\$20,500
Religious Education	\$5,250	\$6,305	\$6,500
Total Income	\$582,000	\$590,104	\$600,000
Expenses			
Salaries	\$220,000	\$223,480	\$225,000
Allowances	\$44,500	\$45,912	\$48,000
Office	\$20,000	\$19,852	\$23,000
Utilities	\$48,500	\$48,842	\$52,250
Repair & Maintenance	\$41,500	\$35,675	\$42,500
Municipal Taxes & Insurance	\$50,000	\$50,596	\$52,600
Rectory	\$4,000	\$3,542	\$3,750
Hall Rental	\$6,500	\$5,564	\$6,000
Diocese & Universal Church	\$126,000	\$131,047	\$117,605
Pastoral	\$14,000	\$12,297	\$12,795
Religious Education	\$6,000	\$9,747	\$7,500
Parish Pastoral Council (PPC)	\$1,000	\$0	\$2,000
Total Expenses	\$582,000	\$586,553	\$593,000
Net Income		\$3,551	\$7,000



## **Do This in Remembrance of Me, Part 53: Offering**

Continuing through the parts of the Eucharistic Prayer, this week we look at the Oblation, where the Church “offers the unblemished sacrificial Victim in the Holy Spirit to the Father... as well as our very selves” (GIRM, 79). We certainly have a lot to be excited about, especially Holy Communion, which is coming. Lest we lose focus and let our attention fade, the prayers that follow the Memorial Acclamation help us to recall the Mass as the one perfect sacrifice, as well as our participation in that sacrifice.

### **Placing Ourselves on the Altar with Christ**

Perhaps you will recognize these words from Eucharistic Prayer I: “We, your servants and your holy people, offer to your glorious majesty from the gifts that you have given us, this pure victim, this holy victim, this spotless victim, the holy Bread of eternal life and the Chalice of everlasting salvation.” According to the Diocese of Peoria, “As we offer to God the gifts, we offer to Him ourselves—as Christ did, we offer Him our very lives. As we offer ourselves, we do so with the entire Church, here on earth and in heaven, and we ask that we, too, may share in their fellowship... Our praise and worship is always united with theirs, as the entire Church is present at every Mass” (“A Study of the Mass,” p. 16). As we hear in Eucharistic Prayer II, “Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with blessed Joseph, her Spouse, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.”



This offering also reminds us: “We are not mere spectators; we are participants. Even though it is the priest who offers these prayers in the name of the community, all present at the Mass can offer their silent prayers with the priest. This is a most opportune time to ‘place our intentions on the paten’ and unite our offering with our Lord” (“A Study of the Mass,” p. 16). You may recall how previously we shared that Mother Teresa would imagine placing her heart and intentions on the paten on the altar. What Mother Teresa understood was that at this time of the Mass, all the eyes of heaven are focused on the altar before us. With all the saints and angels gathered around giving glory to God, they are praying with us and for us, making this time a great moment to be joined together with Christ.

### **Offering Ourselves to God**

The Eucharistic Prayers remind us that we not only offer our prayers in union with Jesus, the perfect offering, but we also offer ourselves to God: all that we are and all that we have to give, both to God and to others. This part of the Mass reminds us that we participate in the life of Jesus and that we should live out that participation every day. Charles Belmonte writes, “Following the footprints of Jesus, our life becomes a prolonged Mass. Here is a summary or program of life by which we can achieve this ideal:

- To remember Christ’s passion and death. It delivered us from the real evil—sin; and merited for us all true good.
- To experience constantly the joy of his resurrection.
- To proclaim his resurrection and ascension, through our words and deeds.
- To center our day on this holy sacrifice, while we look forward to Christ’s coming” (Understanding the Mass, p. 147).

So, instead of thinking about that nice meal that is going to follow the Mass, the fun day you have planned, or even what the next week will look like, why not thank God for the gift of Jesus present and remind ourselves to “live out the Mass”? In that mindset, maybe the meal or fun activity becomes a joyful offering. Maybe our work week or school schedule becomes a sacrificial offering. How different might our work be if, instead of putting in the time or getting our homework done, we are joined with Christ in making an offering to God? (*To be continued on Page 8*)



**For Reflection:**

1. Apply Charles Belmonte's "program of life" to your own circumstances, and consider how you can witness to the joy of the Resurrection and Ascension in your daily life.
2. As you make your plans for the day or week, reflect on what follows immediately after your participation in Mass and how to bring the graces you have received into the rest of your day.

## COMMUNITY NEWS



### WEEKLY MARRIAGE TIP

"When you and your spouse disagree on something, try switching places, figuratively speaking. Take your spouse's position for a moment (even if it seems ridiculous to you) and pretend to defend the other person's point of view. Try to see how you feel from your spouse's perspective. You don't have to agree, but it will help your spouse know that you understand them.



### Show and Tell — St. Timothy's Pilgrimage to Italy

After we came back from Italy in November and I published many pictures in the bulletin about our time in Italy, I had several requests from parishioners who wanted to see and hear more about it. On **Saturday, January 31 at 2:30 pm**, Fr. Brian and some of those who went to Italy in October will be showing more pictures and explaining in detail the experience. As a bonus, those who organized and led our trip from Manitoba will be present as well. They are going with another group on the same route in Italy from May 25-June 5, 2026, and the deadline to sign up for that is shortly after our presentation. He will also share some details about their upcoming trip to Greece and Turkey—the footsteps of St. Paul and St. John—scheduled for October, 2026. If you'd like to hear more about our pilgrimage to Italy or interested in Greece, come out and join us in the parish hall.



### **\*NEW\* Grief Support Group Coffee every 2nd and 4th Tuesday of the month starting Feb. 10**

The Grief Ministry Group offers a drop-in support/coffee group every second and fourth Tuesday of the month, from **1:30 pm - 3:00 pm**, in the parish library. As grieving can be an isolating time in our lives having someone to share our feelings and experiences with, can help in our healing. The **first gathering will begin on Tuesday February 10, 2026**. No registration is required. Any questions please email the parish office at [info@st-timothy.ca](mailto:info@st-timothy.ca).



### **\*NEW\* Prayers in my Pocket**

Many Prayer Shawl Ministries are making and offering parishioners, family and friends "Pocket Prayer Shawls." These are **blessed handmade squares**, small enough to put in your pocket, purse, or a helmet, and that anyone can carry, at any time for constant comfort. They are often used when in the hospital or travelling when larger items are prohibitive. St. Timothy's Prayer Shawl Ministry is now making "Prayers in My Pocket." **Please help yourself to one of them in the basket on the shelf at the church entrance.**



### **Jubilee 2025 Recap Video for our Diocese**

This retrospective video shines a spotlight on the Jubilee year that was, as lived out in our Archdiocese of Saint-Boniface, at several of our Jubilee shrines such as Saint Boniface Cathedral, St. Andrew Bobola, Saint-Norbert, Sainte-Anne-des-Chênes, Our Lady of La Salette Grotto and St. Mary church in Beausejour, the Our Lady Grotto in St. Malo and many more, including the Immaculate Conception Grotto in Cooks Creek. You'll also see various events and celebrations that took place over the course of the Jubilee year. Enjoy! To view the video, [click here](#) or visit the diocesan Facebook page at: <https://www.facebook.com/ArchSaintBoniface/> or visit the diocesan website homepage at: [www.archsaintboniface.ca](http://www.archsaintboniface.ca)