



THE ROMAN CATHOLIC PARISH OF ST. TIMOTHY

Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.

Archdiocese of St. Boniface
135 John Forsyth Road
Winnipeg Manitoba R2N 1R3

Email: info@st-timothy.ca
Phone: (204) 949-3760
Website: st-timothy.ca

Mass Schedule

THE LORD'S DAY:

Saturday at 4:00 pm
Sunday at 9:00 am & 11:00 am

WEEKDAY MASS:

Tuesday to Friday at 9:30 am

Office Hours

Tuesday, Wednesday & Thursday
9:00 am to 5:00 pm
(closed noon - 1 :00 pm)

March 8, 2026 • 3rd Sunday of Lent

“But those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” JOHN 4:14

Sacraments

Reconciliation (Confession) – Half an hour before Mass, or you may make an appointment by contacting Fr. Brian.

Anointing of the Sick – By appointment. Contact Fr. Brian or the parish office.

Baptisms – Contact the parish office three months in advance.

Weddings – Contact the parish office at least six months in advance.



CHRIST AND THE SAMARITAN WOMAN AT THE WELL BY FERDINAND GEORG WALDMÜLLER (1793-1865)

Pastor: Fr. Brian Trueman
fr.brian@st-timothy.ca | 204-949-3769

Parish Administrative Assistant:
Paulene Limonar
paulene@st-timothy.ca | 204-949-3760

Parish Accountant: Diane L'Arrivee
diane@st-timothy.ca | 204-949-3768

Coordinator of Religious Education:
Michelle Coyne
michelle@st-timothy.ca | 204-949-3764

Youth Ministry Coordinator:
Vince Diestro
youth@st-timothy.ca | 204-257-3723

Pastoral Care and Safe Environment Officer:
Maria Castellano | maria@st-timothy.ca

Seminarian:
Anthony Hoang | anthony@st-timothy.ca

Custodian: Ignatius Zinowko
custodian@st-timothy.ca

Parish Pastoral Council:
ppcsttimothy@gmail.com

Society of St. Vincent de Paul:
ssvpwinnipeg@gmail.com

Refugee Ministry:
st.timothyrefugeeministry@gmail.com

Bulletin: Submit by Tuesday
bulletin@st-timothy.ca



COMING UP...

Saturday, Mar. 7

Adult Faith Formation & RCIA
10:00 am | Parish Hall

Fish Fry Dinner
Doors open at 5:00 pm

Monday, Mar. 9

Fan into Flame
Prayer Group
Rosary - 6:30 pm
Meeting - 7 pm | Parish Hall

Tuesday, Mar. 10

Grief Group Drop-in
1:30-3:00 pm | Library

Liturgy Ministry
6:30 pm

Wednesday, Mar. 11

Finance Group
6:30 pm | Library

Friday, Mar. 7

Stations of the Cross
and Youth Group 7:00 pm

Please remember in
your prayers...

† *Julien Lachance*

His funeral service will be on
Tuesday, Mar. 10 at 11:00 am.

† *Jeannette Rheault*

Her funeral service will be on
Friday, Mar. 13 at 11:00 am.

Please remember their family
as they grieve the loss of their
loved one. ❤️

Mass Intentions for March 7-15, 2026

Sat., Mar. 7	4:00 pm	†	Rémi and Irène Grégoire from Madeleine Maher
Sun., Mar. 8	9:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman
Sun., Mar. 8	11:00 am	†	Guiseppe Mangiacotti from Raphael Mangiacotti
Tue., Mar. 10	9:30 am		Special Intentions for the Therrien Family from Laurette Labossiere
Please note: Adoration after Mass on Tuesday, March 3rd is <i>cancelled</i>			
Wed., Mar. 11	9:30 am		For living and deceased family members from Rosemary Law
Thu., Mar. 12	9:30 am		Special Intentions from Joel and Linda Bouchard
Fri., Mar. 13	9:30 am	†	Ken Peters from Laurette Labossiere
Sat., Mar. 14	4:00 pm	†	Gilles Rajotte from The Maher Family
Sun., Mar. 15	9:00 am	†	Marilyn Blerot from Jeannine and Noel Audet
Sun., Mar. 15	11:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman

Lenten Food Drive

Let's Share the Lenten Season
with our Friends at Agape Table



Society of
Saint Vincent de Paul

"Charity must never look to the past, but always to the future, because the number of its past works is still very small and the present and future miseries that it must alleviate are infinite". Frederic Ozanam

St Tim's SSVP Conference is continuing to collect contributions of **granola bars, juice boxes, pudding cups and fruit cups** from now until March 24. We ask that all food items be deposited in our SSVP food crate at the entrance to the church. You can drop food off on the weekend (before & after Mass) and during office hours.

Thank you to everyone who has dropped off the food items so far! We also have all the volunteers we need. Thank you all for your wonderful support.

– From the St. Timothy Conference of the Society of St. Vincent de Paul (SSVP).



UPCOMING
READING

4th Sunday of Lent

Exodus 13:21-22
Psalm 23
Eph 5:8-14
John 9:1-41



Do This in Remembrance of Me, Part 59: The Lord’s Prayer

As we journey through our final preparations before Communion, we take a closer look at the **Our Father**. “At our Savior’s command and formed by divine teaching, we dare to say: Our Father...” The Lord’s Prayer is the first part of the Communion Rite. This prayer, of course, is the prayer given to us by Jesus in the Gospel (Matthew 6:9-13; Luke 11:2-4). These are the very words that Jesus gave us to pray! As a priest, I feel like one of the most common things people say to me is that they don’t feel like they pray very well, or that they don’t know what to say when they pray. Maybe the disciples felt this way when they asked Jesus how to pray. In response, he gave the words that we now know as the Our Father. Here is an opportunity to pray with confidence with words directly from the mouth of Jesus.

A Daring Prayer

Why does the priest say in the invitation, “we dare to say”? As Charles Belmonte notes, “This invitation is a very touching and most ancient formula (one alluded to as early as the fourth century by St. Jerome). It states that we should not dare (audemus) to utter what we are about to say—were it not for the express command of our Lord. He taught us to approach God as a son talks to his father” (Understanding the Mass, p. 169). According to the Diocese of Peoria, “Our Lord used the word ‘Abba’ to express our filiation of the most high God. We are His sons and daughters and we call upon Him in a most intimate and familial term: Father. Our Lord desires we approach our Father with the serenity and confidence of children. Not only does he reveal this, but in a certain sense he commands it when he says, ‘When you pray, pray like this... Our Father!’” (“A Study of the Mass, p. 17). We dare to call God our Father because Jesus said we could!

If you look through the Old Testament, we see a few people having a uniquely close relationship with God: Adam, Abraham, and others who talked with God (Genesis 3 and 18); Moses, whose face was radiant after being in God’s presence (Exodus 34); Jonah and Job who talked with God when angry and frustrated (Jonah 4; Job 3 and 42), among others. As Edward Sri writes, “The ancient Jews certainly viewed God as the father of the people of Israel. But it was not at all common for an individual to address God as ‘Father.’ Nevertheless, this is precisely what Jesus calls us to do [...] and if he was speaking his native Aramaic, he probably used the word ‘Abba’ for father. This was an intimate, affectionate term similar to ‘Daddy’... This underscores the intimate relationship we now have with God because of Jesus’ work of salvation. Through our union in Christ, God has truly become our Father” (A Biblical Walk Through the Mass, p. 124).

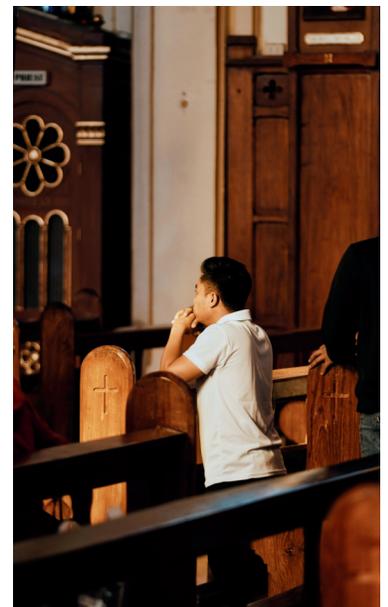
God’s Desire to Be Close to Us

Among some of the first words we learn as young children are “mommy” and “daddy.” This is true for all different kinds of people with all different kinds of language. In some ways, these words are really central to who we are—people in relation to others. When Jesus taught us to pray, he said we should begin by saying, “Our Father.” If a good translation of “Abba” is “Daddy,” just think about how close God wants us to be! So close, in fact, that we could call him by a name that even a young child could recognize. What an amazing gift! What an amazing sharing in the life of God! No wonder we can pray with confidence—we have a Loving Father who loves us so much and so perfectly!

As the Diocese of Peoria has said, “The ‘Our Father’ itself is a model of prayer. It beseeches the Father, it praises and blesses Him, it recognizes His Divinity and Majesty. It asks and intercedes, asks pardon for our sins, avoidance of temptation and a deliverance from evil. It is so fitting we call upon our Father God in such a great prayer as we prepare to receive His great gifts... In this proximate preparation for Holy Communion, we are asking the Father for the gift of His Son. Unworthy as we are, we pray this in confidence, knowing of His infinite mercy and desire to share His gifts with us” (“A Study of the Mass, p. 17). Next, we’ll look at this wonderful prayer in more depth, including the meaning of the petitions. In the meantime, if you decide to pray a few extra Our Father’s, please pray one for me!

For Reflection:

1. Peruse the passages Fr. Luke cites of persons speaking intimately with God (Genesis 3 and 18; Exodus 34; Jonah 4; and Job 3 and 42), and choose one of these texts for further meditation. Allow your reflection on this passage to lead you into your own open sharing with the Lord.
2. Give thanks to God for the men who have been models of loving fatherhood in your own life. Ask for forgiveness and healing in situations where men have not embodied loving fatherhood. Open your heart to enter more deeply into a filial relationship with God as Abba-Father.



Lent Penitential (Confession) Services in Parishes in our Deanery

Christ the King Parish – Wednesday, Mar. 11 at 7pm
St. Emile Parish – Friday, Mar. 13 at 7pm
Holy Cross Parish – Friday, Mar. 20 at 7pm

**St. Timothy Parish – Friday, March 20 at 7 pm
with Illuminate Ministry,
followed by 24 Hours for the Lord ***

** A sign-up sheet is now available in the Narthex*

St. Andrew Bobola Parish – Saturday, March 21 at 6 pm
Holy Family – Sunday, March 22 at 2 pm
St. Bernadette Parish – Thursday, March 26 at 7 pm
St. Norbert – Friday, March 27 at 7 pm

Upcoming Lent Events for Spiritual Renewal

Our parish has now begun meeting on Friday evenings to pray the **Stations of the Cross** devotion together. We tend to get around 35-55 people together for that, led by various groups and ministries in the parish with different prayers and reflections. The exception to this will be **Friday, March 20th**, when we'll have the local travelling ministry, Illuminate, come to our parish. **Illuminate** is a time of testimony, Eucharistic adoration, and praise and worship music. They were just at St. Vital parish, across the river, last Friday. Priests are often available for confession during this time, so our Lenten time for confession at the parish will be that evening. While Illuminate starts at 7:30pm, some priests will be here for 7pm to start earlier and will continue through the hour or two while Adoration is happening. We should have at least 5 priests, potentially more. If you haven't been to Illuminate before, come out! That time of Eucharistic adoration won't end that evening, however; we plan to bring back the **24 hours of Adoration**, extending into the night and to the next day, concluding at 3pm on Saturday, the 21st. So, if you can't make it in the evening, or also like the quieter time, you may wish to come during the night or early morning of during the day. But that's not all! We'll also have Mary and Louis Richard, a local Catholic couple who are passionate about spiritual renewal will be coming the next week to give us a **Lenten retreat**. Starting on **March 24th-26th** (Tues-Thurs) at 6:30pm in our parish, they will be leading us in a prayerful meditation on one's personal journey through the Paschal Mystery with the Scriptures. What a perfect way to prepare for Holy Week at the end of Lent! I'll have more details to come, but I just wanted to put those dates and times out there so you can put them in your calendar.

We have a packed Lent with plenty of great opportunities for renewal. Praise God for his abundant riches and blessing!

Fr. Brian



WEEKLY MARRIAGE TIP

"Be merciful, O Lord, for we have sinned." (Ps 51:3) During this season of Lent, make plans to go to a Penitential Service as a family. Frequenting the Sacrament of Penance is a great "practice run" for asking forgiveness from your spouse.



STEWARDSHIP REFLECTION

March 8, 2026 - 3rd Sunday of Lent

"Everyone who drinks this water will be thirsty again." JOHN 4:13

Jesus reminds us that material things, even something as basic as water, can never satisfy us over the long run. When we build our lives around material possessions we will always want more, and no amount will ever satisfy our desire. True joy and peace only come when we follow Jesus - when we become more "God-centered" and less "self-centered."

God calls all of us to leave behind our old ways and to follow Him, placing our complete trust in Him. Some of the old ways that we struggle to leave behind might be materialism, selfishness and greed. Yet, God promises to show us a new land and a better way to live. Remember what St. Teresa of Calcutta said, "God does not call us to be successful, God calls us to be faithful."



GRIEF REFLECTION

"A strong faith helps the bereaved come to terms with the loss and cope with the fact of death, but the grief is still there. Those who love deeply grieve deeply. Those who have faith in the eternal promises of God will transcend their grief eventually and grow spiritually, but they will still need their necessary period of mourning. People of faith don't make light of sorrow. Instead they embrace the sorrow and recognize that it is their ordained time to mourn."

Grief Group Drop-in meetings in March are Tuesday, March 10 & 24, 1:30 to 3:00 pm. All are welcome! No registration needed.

Spring Cleaning of the Lost & Found Bin

Have you lost something? Maybe we found it!



We will have a table in the narthex with scarves, kids' items, and other odds and ends that have been left behind in the parish. Please check it out, and **if something looks familiar, feel free to claim it!**

All unclaimed items will be donated or disposed after Thursday, March 26, 2026.

CATHOLIC MENS CONFERENCE

Catholic Men's Conference
April 10 to 11, 2026
St. Emile Church, 556 St. Anne's Rd

The 2026 Catholic Men's Conference is a response and a calling out to all men, inviting them to embrace their connection with Jesus Christ and their brothers in the faith. God wants to be in a relationship with us, our church needs men united and more than anything our families needs strong spiritual leaders. This April 2026, come and join other men and together throw off the works of darkness, put on the armour of light and renew our commitment to the Lord of our hearts. Jesus is calling you to be here. Come and discover, connect and be strengthened.

Featuring special guest speaker Mark Mallet

Mark Mallett is a Canadian Catholic singer/songwriter and author, and host of The Now Word and Countdown to the Kingdom. His work in the Church the past 25 years includes concert tours throughout North America and abroad, speaking at conferences, giving parish missions, and leading praise and worship in Eucharistic Adoration.

April 10 from 7 PM – 10 PM, April 11 from 8:30 AM to 4 PM.
Lunch provided on Saturday For tickets, [click here](#).



To "Encounter Christ" Retreat
May 16 to 18, 2026
St. Malo

TEC (To Encounter Christ) is a life-changing retreat in St. Malo happening May 16–18. Open to anyone 16+ seeking a deeper faith. Journey through Christ's passion, death, and resurrection, encounter the sacraments, build friendships, and meet Jesus in a new way. Learn more & apply: www.gbtec.ca



Employment Opportunities
at St. Boniface Diocesan High School
and Christ The King

Basic French Teacher (2026–2027) – Christ the King School is accepting applications for a Basic French Teacher (full-time JK–Grade 8 or 50% part-time) for the 2026–2027 school year. This permanent position (subject to probation) offers the opportunity to serve in a vibrant Catholic school community. Benefits included. [See full details here](#).

School Principal (September 2026) – St. Boniface Diocesan High School is seeking a faith-filled and dedicated leader to serve as Principal beginning September 2026. This role calls for a strong Catholic educator committed to guiding a Christ-centered Grades 9–12 community in faith, academic excellence, and service. Applications are open until March 13, 2026, or until the position is filled. [See full details here](#).



Share Lent Campaign 2026 – March 22, 2026

Development and Peace – Caritas Canada is the official international development organization of the Catholic Church in Canada. Through partnerships with communities in the Global South, it supports initiatives that promote human dignity, justice, peace, and sustainable development.

During Lent, parishes across Canada take part in the **Share Lent campaign**, which culminates in **Solidarity Sunday (the Fifth Sunday of Lent)**. On this day, a special collection is taken to support Development and Peace's work with vulnerable communities around the world.

One example of this work is the support given to women in Brazil who are protecting their land and communities from environmental harm.

Women Protecting the Earth

In Brazil, the lives of several rural communities are disrupted by industrial agriculture, mining and the Carajás railway. Women are at the heart of the fight to protect their land and the environment from the pollution of air, water and soil that threatens their gardens, their families' health, and their way of life.



With courage and determination, these women formed an association called Seeds of the Earth, with the support of Justiça nos Trilhos (JnT), a partner of Development and Peace – Caritas Canada, to assert and defend their rights.

Thank you for your support and solidarity. This Lent, please give generously.

On track for justice Prayer:

"Loving God, The destruction of your Creation, our Common Home, echoes in our hearts the cry of the Earth and the cry of the poor. Listening to this cry, we hear your call to ecological conversion. Turn us away from actions that harm our relationships to you, our planet, and our sisters and brothers. Turn us towards the track for justice. Gather us as your Church, North and South, to walk this track together. Let us be guardians of Creation and not rivals for its spoils. May we encounter others on the way who seek ecological justice and join our efforts to their own. Guide us together towards the dream of our human family living on a healthy planet, in dignity, solidarity, justice and peace. Amen."

This Week on Formed

Week of March 08, 2026



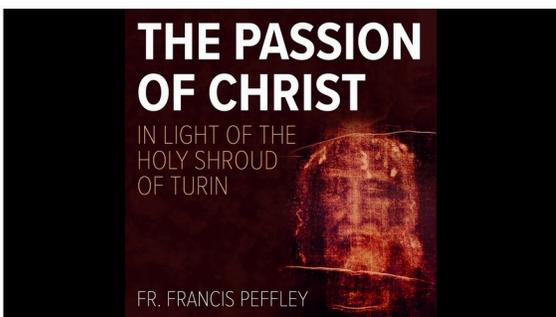
How to Lent

Lent is right around the corner. In How To Lent, you will be guided by priests and religious in the disciplines of prayer, fasting, and almsgiving so that you can make this your best Lent yet.



St. Frances

Join the Tierney family as they celebrate the feast of Saint Frances of Rome, patroness of homemaking! Learn about practicing the corporal works of mercy in the home, the very Catholic Lenten history of pretzels and beer, and watch Kendra and three-year-old Barbara make something they like to call "trash can soup." Find this episode's feature recipes and more about liturgical living in the home at Catholic All Year. <https://catholicallyear.com/at-home/>.



The Passion of Christ in Light of the Holy Shroud

The Holy Shroud of Turin was called the greatest relic in Christendom by Pope St. John Paul II. Fr. Peffley presents new, detailed scientific and medical evidence for the authenticity of the Holy Shroud.

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Visit signup.formed.org and select our parish name.