



The Roman Catholic
Parish of St. Timothy

Archdiocese of St. Boniface
135 John Forsyth Road
Winnipeg Manitoba R2N 1R3

204-949-3760 info@st-timothy.ca
website: st-timothy.ca

*Our vision is to be a life-giving community
committed to welcome,
to worship, to grow, and to serve.*

Mass Schedule

LORD'S DAY:

Saturday at 4 pm
Sunday at 9 am & 11 am

WEEKDAY MASS:

Tuesday - Friday at 9:30 am

Parish Office Hours:

Tuesday, Wednesday & Thursday:
9 am - 5 pm (closed noon - 1 pm)

DECEMBER 21, 2024

Fourth Sunday of Advent



The Dream of Saint Joseph, Painted by Philippe de Champaigne (1602-1674), Painted in 1642

*"Look, the virgin shall conceive and bear a son,
and they shall name him Emmanuel,"
which means, "God is with us." Matthew 1:23*

Sacrament of Reconciliation (Confession): Half an hour before Mass, or you may make an appointment by contacting Fr. Brian.

Sacrament of the Anointing of the Sick: By individual appointment. Contact Fr. Brian or the parish office.

Baptisms: Contact the parish office three months in advance.

Weddings: Contact the parish office *at least* six months in advance.

Pastor: Fr. Brian Trueman
fr.brian@st-timothy.ca / 204-949-3769

Parish Admin Assistant: Paulene Limonar
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Parish Accountant: Diane L'Arrivee
diane@st-timothy.ca / 204-949-3768

Coordinator of Religious Education:
Michelle Coyne
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Youth Ministry Coordinator:
Vince Diestro
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Pastoral Care & Safe Environment Officer:
Maria Castellano / maria@st-timothy.ca

Seminararian:
Anthony Hoang / anthony@st-timothy.ca

Custodian: Ignatius Zinowko
custodian@st-timothy.ca / 204-949-3760

Parish Pastoral Council:
ppcsttimothy@gmail.com

Society of St. Vincent de Paul:
ssvpwinnipeg@gmail.com

Refugee Ministry:
st.timothyrefugeeministry@gmail.com

Bulletin: Submit church-related announcements to Paulene by Tuesday (bulletin@st-timothy.ca)

Find us on Facebook :
[Roman Catholic Parish of St. Timothy](https://www.facebook.com/RomanCatholicParishofStTimothy)



COMING UP AT A GLANCE

Sunday, Dec. 21 at 11 am

*Children's Liturgy
of the Word*

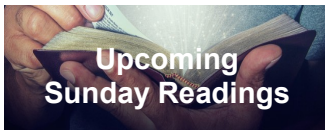


Monday, Dec. 22

*Fan into Flame
Prayer Group
Rosary - 6:30 pm
Meeting - 7 pm - Parish Hall*

Tuesdays after Mass

*Exposition, Adoration of
the Blessed Sacrament
& Benediction*



Christmas Eve: December 24

Isaiah 9:2-4, 6-7
Psalm 96
Titus 2:11-14
Luke 2:1-16

Christmas Day: December 25

Isaiah 52:7-10
Psalm 98
Hebrews 1:1-6
John 1:1-18

Holy Family Sunday: December 28

Sir 3:2-6, 12-14
Ps 128
Col 3:12-21
Mt 2:13-15, 19-23



Mass Intentions for December 20-26, 2025

Sat., Dec. 20	4:00 pm	† Margaret Stroh from Bob Stroh and family
Sun., Dec. 21	9:00 am	† Marcel & Joan Fraser from Fraser family
	11:00 am	Needs and intentions of all parishioners from Fr. Brian Trueman
Tues., Dec. 23	9:30 am	In Thanksgiving from Rick & Fidelina Pabuaya
Wed., Dec. 24	4:00 pm	Needs and intentions of all parishioners from Fr. Brian Trueman
	9:00 pm	Ed & Ann Kramchynsky and Louis & Lily Bugyik from Ken & Gaylene Kramchynski
Thurs., Dec. 25	11:00 am	Special Intention from Anita Nowak
Fri., Dec. 26	N/A	No Mass in the Parish

Mass Times for the Octave of Christmas

The Nativity of the Lord (Christmas)

Christmas Eve – Wednesday, Dec. 24 at 4:00 pm & 9:00 pm
Christmas Day – Thursday, Dec. 25 at 11:00 am

Weekday Mass

Friday, December 26 – No Mass in the Parish
Tuesday, December 30 at 09:30 am

Holy Family Sunday (Regular Sunday Mass Times)

Saturday, December 27 at 4:00 pm
Sunday, December 28 at 9:00 am and 11:00 am

Solemnity of Mary the Mother of God (New Year's)

Wednesday, December 31 at 4:00 pm
Thursday, January 1 at 11:00 am

Parish Office Hours: The parish office is **closed** from Wednesday, December 24, 2025 at noon and reopens on Friday, January 2, 2026 at 9:00 am

The reception of the Precious Blood from the chalice will be available at the 9 pm Mass on Christmas Eve.

As always, *reception from the Chalice* is optional and those who are ill, infirm, or have compromised immune systems should be reassured that our Church teaches that Jesus Christ is truly and wholly present, Body, Blood, Soul, and Divinity under either species of bread or wine.

At our parish, the limitation of this option to receive from the Chalice to certain occasions is due solely to the limited number of volunteers who are willing to help as Extraordinary Ministers of Holy Communion. While this limitation is for purely practical reasons, it does allow these special occasions to highlight these great festivities of our faith.

Fr. Brian





Do This in Remembrance of Me, Part 50: Transubstantiation

I often hear people ask why it is that, for so many priests, the Consecration is their favorite moment of the Mass. How exactly does the **Consecration** “work”?

Thanks for asking! Some years ago, I was in the midst of a large assignment by myself and was struggling with some health issues. I was working long days to try and cover all that was needed, but I felt myself regularly falling short. Around that time, I was gifted with a wonderful confession from one of our wise priests, who reminded me that the best and most important part of my day is always what happens at the altar. He said I could end the day with unfinished projects and unanswered messages, but if I prayed the Mass faithfully at the altar, then it will have been a great day. What great words of consolation!

At the moment of the Consecration and the elevation that follows, I am always reassured that I am exactly where I am supposed to be: I am answering the call God gave to me to serve as a priest. As we all are, I am a work in progress, and some days feel like much more progress is needed. However, in that moment of the Mass, I am always comforted and strengthened, humbled and invigorated. Because I can be a perfectionist, I don’t always receive compliments well; because I have a quick mind, I’m often thinking of problems to solve and things that need to be done. But in that moment of the Mass is true rest and peace. If you are like me and often have a preoccupied mind, I invite you in that special moment of the Mass to enjoy resting in his peace. Remind yourself that there is no better place to be in that moment than united with Jesus truly present on the altar.

How the Consecration Effects Transubstantiation

How exactly does the Consecration work? Let’s turn to our *Catechism* for some helpful wisdom. “It is by the conversion of the bread and wine into Christ’s body and blood that Christ becomes present in this sacrament. The Church Fathers strongly affirmed the faith of the Church in the efficacy of the Word of Christ and of the action of the Holy Spirit to bring about this conversion. Thus St. John Chrysostom declares: ‘It is not man that causes the things offered to become the Body and Blood of Christ, but he who was crucified for us, Christ himself. The priest, in the role of Christ, pronounces these words, but their power and grace are God’s. This is my body, he says. This word transforms the things offered’” (CCC, 1375). The *Catechism* tells us that the word of Jesus is what changes the bread and wine into his Body and Blood.

The *Catechism* continues, “The Council of Trent summarizes the Catholic faith by declaring: ‘Because Christ our Redeemer said that it was truly his body that he was offering under the species of bread, it has always been the conviction of the Church of God, and this holy Council now declares again, that by the consecration of the bread and wine there takes place a change of the whole substance of the bread into the substance of the body of Christ our Lord and the whole substance of the wine into the substance of his blood. This change the holy Catholic Church has fittingly and properly called transubstantiation’” (CCC, 1376). For many of us, transubstantiation can be a big and intimidating word. The reason we use words like these is that they help us describe with precision what we believe is true. Transubstantiation helps us know that the “what it is” is what changes during the Mass. As we said before regarding the gifts, what they are before the consecration is simple bread and wine. Those words of Jesus change the bread and wine into his Body and Blood. Even though the appearances remain, we believe that the whole Christ is present in the consecrated host and chalice. As our *Catechism* teaches, the reason we believe that Jesus is present is because Jesus said it. We believe him when he says: “This is my Body.” We believe him when he says “This is my Blood.” We believe that the Eucharist really is Jesus. The same Jesus who was born in Bethlehem, the same Jesus who offered himself on the Cross—Jesus is truly with us!

Seeing with Eyes of Faith

“But Father, the host still ‘looks’ the same!” some may say. St. Cyril of Jerusalem (314–386) teaches, “Do not think these are just plain bread and plain wine. They are the body and blood of Christ, as the Lord asserted. Faith must convince you of the latter even though your senses suggest to you the former. Do not judge about this according to your preferences but, based on your faith, believe with firmness and certainty that you have been made worthy of the body and blood of Christ” (Understanding the Mass, pp. 140–141). If your faith feels unsure, ask the Lord to help you see with the eyes of faith that he is truly there. Let the genuflections and reverence from your body help remind your mind of what we believe is true. Let the model of faith from the saints and the martyrs inspire you. Let our hearts be filled with joy after the consecration, and let us rejoice in recalling that Jesus is sacramentally present. Let us shout with joy the words of St. John, “It is the Lord!” (John 21:7).

For Reflection:

1. Study the Church’s teaching on Christ’s presence “under the Eucharistic species” in the *Catechism*, paragraphs 1373–1381, or even the entire section on the Eucharist (1322–1419). Consider inviting others to join you in this study to strengthen your faith in the Eucharist and participation at Mass. Consider checking out episodes 180–194 of Fr. Mike Schmitz’s *Catechism in a Year*, which leads listeners on a journey into the mystery of the Eucharist.

2. Bring St. John’s words, “It is the Lord!” (John 21:7), in your heart to Mass to seek and find Christ’s presence during the Consecration.

Financial Statement for November

	Sunday Offerings	All Other Income	Expenses	Net Income
November				
Actual	\$47,177	\$8,695	\$59,870	-\$3,998
Budget	\$41,333	\$4,417	\$45,750	\$0
YTD (January–November)				
Actual	\$466,648	\$50,001	\$525,816	-\$9,167
Budget	\$454,667	\$48,583	\$503,250	\$0

Funds	Refugee	Contingency	Building	SSVP
Current	\$3,123	\$97,015	\$53,506	\$11,238
Goal	N/A	\$100,000	N/A	N/A

- We received almost \$4,000 interest (4.1%) for our Contingency fund.
- We had to repair our carpet cleaning machine last month (about \$1,000).
- Salaries was higher than normal due to two weeks of training for our new Administrative Assistant.

Thank you for your generous donations in our Sunday Offerings for November. And we thank you for your generosity in December—it is a way to give thanks to God for all the blessings of this year!

Fr. Brian

Dear Parish Family,

Thank you to everyone who joined us for the cake and coffee reception on December 7th for a fond farewell for me and a warm welcome to Paulene.

I am deeply grateful for the kind words, heartfelt cards and thoughtful gifts. I truly felt the love and support from our parish family! It has been a pleasure and privilege to serve the Lord and our parish community in the parish office for so many years.

Many thanks to our awesome catering team for cheerfully hosting the gathering!

With love and gratitude,
Grace Grindean



*Some of our Parish Staff at the Cake and Coffee reception!
(L-R: Diane, Grace, Paulene, and Michelle)*



Grief Support Group

**Are you grieving the loss of a loved one?
You do not have to walk this journey alone.**

St. Timothy Parish invites you to a caring, faith-filled **10-week** Grief Support Group offering comfort, hope, and shared support.

Tuesdays | Jan 20 – Mar 24 | 1:30–3:00 pm

There is no charge for the program but the cost of the two books is approximately \$45, and you get to keep the two books. We will use the book by Alan D Wolfelt Ph.D., called “Understanding Your Grief” and the companion journal.



FOR INFORMATION OR TO REGISTER, CONTACT:
INFO@ST-TIMOTHY.CA | 204-949-3760
MINIMUM OF 6–8 PARTICIPANTS REQUIRED.



WEEKLY MARRIAGE TIP

During this Christmas season, as we celebrate the birth of Jesus, let us remember to cherish our humanity. Christ honored us by humbly sharing our human condition. Today, grant yourself and your spouse the right to simply be human: accept imperfections, laughter, and even mistakes. That is where true love lies.



STEWARDSHIP REFLECTION

December 21, 2025 – 4th Sunday of Advent

*“When Joseph awoke, he did as the angel of the Lord had commanded him and took his wife into his home.”
MATTHEW 1:24*

Putting our complete trust in the Lord without expecting anything in return. Striving to put God first in all things and follow Him wherever He may lead us. Joseph was a model of these pillars of our faith. As we prepare for the birth of our Lord, pray for the strength and courage to be a model of discipleship, just as Joseph was.



Blue Christmas Prayer Gathering – December 26, 2025

For most people, Christmas is a time of celebration and joy. For many of our brothers and sisters, however, it is a difficult time of year. They carry a heavy burden: loss of a loved one, separation, divorce, loneliness, depression, anxiety, financial stress, homelessness, unemployment, sick parents or children, addictions, worrying medical diagnoses, eco-anxiety, etc. We know that the “ideal” holiday season atmosphere does not always match the experience of many people. And so, here is our invitation: let us gather in prayer with and for those who are suffering, to remind ourselves during this Christmas season that

God is good, that He is with us, and that He is powerful in His mercy. It will be a time for Adoration, personal and communal prayer, during which we will proclaim and meditate on the Word of God. We will also have the opportunity to bring and offer our prayer intentions at the altar, like the Magi at the Manger. All are welcome. When and where: December 26 at 7 PM at Saints-Martyrs-Canadiens church, 289 Dussault Avenue, Winnipeg. This liturgical prayer gathering will be bilingual. A light snack will be offered after the gathering.



Diocesan Celebration for the Closing of the Jubilee 2025 Year – December 28, 2025

The Ordinary Jubilee of 2025 will conclude in the particular Churches on Sunday, 28 December 2025, the Feast of the Holy Family. Our diocesan celebration will be at Saint-Boniface Cathedral at 3:00 PM, with a light reception to follow. We invite all priests, deacons, and lay faithful to join us in thanksgiving as we mark the end of this Pilgrimage of Hope. "During the Holy Year, may the light of Christian hope illumine every man and woman, as a message of God's love addressed to all! And may the Church bear faithful witness to this message in every part of the world!" Please visit the diocesan Jubilee 2025 webpage for information, a guidebook, videos of the Jubilee shrines and much more! [Click here](#).



The Good Shepherd Campaign 2025 – For the Life of the Church!

We'd like to thank our gracious supporters of the 2025 Good Shepherd Campaign. We are pleased to report that we've reached three quarters of our \$400,000 goal.

We would like to appeal to those who have not yet made a donation to consider making your 2025 tax-deductible donation now. Give today online [BY CLICKING HERE](#), by mailing us your donation form or by calling us at 204- 237-9851. Your gift will make a difference in helping us reach the diocesan goal of \$400,000 for the life of the Church.

Please pray that the Lord may awaken the hearts of each of us to proclaim the Gospel with boldness by giving ourselves generously to the Lord.



Dying with Christ - Living with Hope Series

**January 12, 19, 26, 2026 at Mary Mother of the Church
85 Kirkbridge Dr. Winnipeg.**

Join us for a powerful three-part video series from the Christian Medical and Dental Association (CMDA), presented by the **Archdiocese of Saint Boniface** alongside **local Catholic healthcare professionals**, where we demystify death and the dying process and offer a fresh, hope-filled perspective on end-of-life questions. Through group discussions and personal reflection, video presentations from theologians and medical specialists this program explores:

- Session 1- January 12: Death and Dying
- Session 2- January 19: Pain, Suffering, and End of Life
- Session 3- January 26: The Christian Duty to Care

Discover how a commitment to die with Christ enables us to live with hope. [Click here](#) for the program trailer. [Click here](#) for poster. Please register here by January 7, 2026. Workbooks provided in Session 1 for the first 25 registrations. The series is free; however, free-will donations are welcomed. For more info contact, Nadine Fetherston: mfl2@archsaintboniface.ca

This Week on Formed

Week of December 21, 2025



The Story of Christmas | Benjamin Cello Christmas Special

In this special hour-long television event, Benjamin Cello and his friends travel to Pennywhistle Park for a spectacular shadow puppet retelling of "The Story of Christmas" by Brother Joseph and "The Shadow of His Wings" puppet theater.



Christmas | Sacred Art

Join Dr. Ben Akers and Taylor Kemp as they look at the painting Adoration of the Shepherds by Gerard van Honthorst to celebrate the Nativity of our Lord. This famous painting reveals the Christ Child as the light that has come into the world and also depicts the Blessed Mother, St. Joseph, and the shepherds to be models of adoration to our humble Lord who came as a helpless baby.



What Catholics Believe About Christmas: Traditions, Santa Claus

Join Dr. Michael Barber as he answers some of the Internet's most popular questions about Christmas. What are the 12 days of Christmas? Was Santa Claus a real person? What is Advent?

Our parish has a Formed subscription.
Visit signup.formed.org and select our parish name.