



THE ROMAN CATHOLIC PARISH OF ST. TIMOTHY

Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.

Mass Schedule

THE LORD'S DAY:

Saturday at 4:00 pm
Sunday at 9:00 am & 11:00 am

WEEKDAY MASS:

Tuesday to Friday at 9:30 am

Office Hours

Tuesday, Wednesday & Thursday

9:00 am to 5:00 pm
(closed noon - 1:00 pm)

NOTE: Fr. Brian will be away

from February 2-6, 2026

February 1, 2026 • 4th Sunday in Ordinary Time

“Blessed are the poor in spirit, for theirs is the kingdom of heaven...”

MATTHEW 5:3

Sacraments

Reconciliation (Confession) – Half an hour before Mass, or you may make an appointment by contacting Fr. Brian.

Anointing of the Sick – By appointment. Contact Fr. Brian or the parish office.

Baptisms – Contact the parish office three months in advance.

Weddings – Contact the parish office at least six months in advance.

Archdiocese of St. Boniface
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Phone: (204) 949-3760
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THE SERMON ON THE MOUNT,
JEAN-BAPTISTE DE
CHAMPAIGNE (1631-1681)

Pastor: Fr. Brian Trueman

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Society of St. Vincent de Paul:

ssvpwinnipeg@gmail.com

Refugee Ministry:

st.timothyrefugeeministry@gmail.com

Bulletin: Submit by Tuesday

bulletin@st-timothy.ca



COMING UP...

Saturday, Jan. 31

Adult Faith Formation & RCIA
10:00 am | Parish Hall

Monday, Feb. 2

Fan into Flame
Prayer Group
Rosary - 6:30 pm

Meeting - 7 pm | Parish Hall

Monday, Feb. 2

Society of St. Vincent
de Paul (SSVP)
7:30 pm | St. Paul Room

Wednesday, Feb. 4

Knights of Columbus
7 pm | Parish Hall

Thursday, Feb. 5

Crib Club
6:30 pm | Parish Hall



5th Sunday in Ordinary Time:

Isaiah 58:6-10
Psalm 112
1 Corinthians 2:1-5
Matthew 5:13-16

6th Sunday in Ordinary Time:

Sirach 15:15-20
Psalm 119
1 Corinthians 2:6-10
Matthew 5:17-37

Mass Intentions for January 31-February 8, 2026

Sat., Jan. 31	4:00 pm	†	Deceased parents from Joel & Linda Bouchard
Sun., Feb. 1	9:00 am	†	Deceased members of the Borys & Sulymka Families from Margaret Sulymka
Sun., Feb. 1	11:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman

Weekday Mass Schedule Notice

Please note that there will be **no weekday Mass from February 3-6, and First Friday Adoration is cancelled**, as Fr. Brian will be away. During this time, Anthony will lead a Liturgy of the Word with Holy Communion at 9:30 a.m., following our normal weekday schedule.

Thank you for your understanding and continued participation in the life of our parish!

Sat., Feb. 7	4:00 pm	†	Maria Marzan Maravilla from Maria Corazon Corachea
Sun., Feb. 8	9:00 am		Needs and intentions of all parishioners from Fr. Brian Trueman
Sun., Feb. 8	11:00 am		Special Intention from Grace Grindan

Monthly Prayer Intentions of Pope Leo XIV



For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.



Good News for Our Parish!

We joyfully share that **Fr. Brian Trueman has been extended at St. Timothy through July 31, 2029**. We give thanks for his faithful leadership and continued ministry among our parish family. The full Memorandum from Archbishop LeGatt is available by [clicking here](#), and is also posted on our bulletin board.

Additionally, tax season is here! Please note that, due to our new system, **tax receipts will be printed by default**. If you would prefer to receive your receipt by email, please email our Parish Accountant at diane@st-timothy.ca. Otherwise, we will advise you once receipts are ready for pickup. Thank you for your continued generosity and faithful support of our parish. *God loves a cheerful giver! (2 Corinthians 9:7)*





Do This in Remembrance of Me, Part 54: Intercessions

After the Consecration, Memorial Acclamation, and our offering of Jesus to the Father along with ourselves, the Eucharistic Prayer also includes some **Intercessions**. The Diocese of Peoria teaches, "The Eucharistic prayer also intercedes or prays for various members of the Church. We always pray for the pope, the bishop and all the clergy. Intercession is also made for the Church suffering in purgatory, as we pray for the faithful departed. We pray that they soon be taken into Heaven and live in the presence of God. Intercession is also made for the entire Church, both those who are present at the Mass and those throughout the world. We pray God hears our prayers as we offer them through the Mass, we ask for His mercy and we also pray we be united so we may worship as one body as our Lord Himself desired" (A Study of the Mass, p. 16).

The Three Types of Intercessions

Diving deeper, this part of the Eucharistic Prayer brings to the forefront our unity with one another through Christ. We recall here in the presence of Christ that we are all in this together. We pray through the fruits of the Mass that each person can receive what is needed to fulfill our faithful life in Christ. What is great about the intercessions, according to Charles Belmonte, is that "the Intercessions make it clear that we celebrate the Mass in communion with the entire Church in heaven and on earth; and that we make the offering for the Church and for all her members, living and dead." Belmonte continues, "The Intercessions are usually divided into three sections: for living Christians, for the dead, and in relation to the saints in heaven" (Understanding the Mass, p. 152–53).



Interceding for Church Leaders

Regarding our prayer for living Christians, part of our prayer is for the pope and for the bishop or archbishop of our local diocese. From Eucharistic Prayer II: "Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with N. our Pope and N. our Bishop and all the clergy." Our leaders in the clergy are part of the visible sign of unity we have together in Christ: we pray for and with our leaders who help organize and unite us. Belmonte refers to the Second Vatican Council when he says, "To be legitimate, each Mass presupposes union among the faithful, and of the faithful with their bishop, the pope, and the universal Church. Moreover, that solid union is made stronger with the celebration of the Eucharist and is a consequence of it" (Understanding the Mass, p. 154, cf. LG, 3).

Interceding for the Faithful Departed

After prayers for the living, we then pray for those who have died. From Eucharistic Prayer IV: "Remember also those who have died in the peace of your Christ and all the dead, whose faith you alone have known." Eucharistic Prayers II and III have special sections that can be used for Masses for the Dead, where the name of the person for whom the Mass is offered could be prayed. As Belmonte continues, "In all Masses, the Church prays for the dead, so that on the basis of the communion existing among all of us as Christ's members, our petition for spiritual help may bring comforting hope for our faithful departed" (Understanding the Mass, p. 155). For me as a priest, this is one of my favorite moments of the Eucharistic Prayer, especially when there is a moment of quiet in Eucharistic Prayer I: "Remember also, Lord, your servants N. and N., who have gone before us with the sign of faith and rest in the sleep of peace." Following these words, there is a brief silence where I think of different family members, priests who helped me through the years, and people who recently died in my parishes. If you haven't done it before, I invite you to use that moment to think of those you love who have died in Christ. It truly is a great gift to feel united with them through the Mass!

Asking for the Intercession of the Saints

After prayers for the dead, we ask for the help of those already in the presence of God in heaven. This is the part of the Eucharistic Prayer where we might hear different saint names. From Eucharistic Prayer III: "May He make of us an eternal offering to you, so that we may obtain an inheritance with your elect... *(To be continued on Page 4)*



(Cont. from page 3) especially with the most Blessed Virgin Mary, Mother of God, with Blessed Joseph her Spouse, with your blessed Apostles and glorious Martyrs, (with Saint N) and with all the Saints, on whose constant intercession in your presence we rely for unfailing help." A couple of the Eucharistic prayers have the Blessed Mother and a general reference to the martyrs and other saints. Eucharistic Prayer III (as we just saw) has an option for inserting saint's names, such as the saint of the day or a saint important to a particular parish. Of course, Eucharistic Prayer I has those two long lists of special saints... more on them to come!

For Reflection:

1. As Fr. Luke suggests, prepare to enter more deeply into the intercessory power of the Mass by calling to mind your personal intentions for the living and deceased.
2. Allow the Intercessions to form your prayer by recalling these intentions at other times during the day and throughout your week.

REFLECTIONS



WEEKLY MARRIAGE TIP

"Marital love is above all fully human, that is to say, it involves both the senses and the mind." (Humanae Vitae) Marital love is rightly sensual. Enjoy it. When difficulties arise, and they do arise because we are human, call upon the Holy Spirit to renew your spirit.

STEWARSHIP REFLECTION

February 1, 2026 - 4th Sunday in Ordinary Time



"Blessed are the poor in spirit, for theirs is the kingdom of heaven." MATTHEW 5:3

The phrase "poor in spirit" can be confusing. Think of it in this sense – poor in spirit means depending on God's providence and not depending on our own self-reliance. Being detached from earthly things (power, money, and comfort) and being attached to heavenly things (charity, sacrifice, and mercy). Denying ourselves from satisfying our desires and helping others obtain their basic needs.

THIS WEEK ON FORMED • Sign-up using our parish subscription for **FREE!**

Search "Parish of St. Timothy" or "R2N 1R3" on formed.org/signup



The Presentation

The Presentation is already foreshadowing the Cross. The offering Mary makes at the Presentation in the Temple becomes manifested and reaches its fulfillment at Calvary.



The Martyrs | Littlest Saints

When a young Christian girl is arrested and imprisoned in ancient Rome, she hears stories of martyrs like St. Catherine of Alexandria and St. Lawrence the Deacon—will she find the strength to make the ultimate sacrifice for her faith?



Martyrs and Monastics

Dr. Ben Akers sits down with Dr. Elizabeth Klein, Professor of Theology at the Augustine Institute Graduate School, to discuss her Short Course: Martyrs and Monastics. Who are the early Church martyrs? What fueled their witness to the faith? How did monasticism develop? These questions and more are addressed in this show.

PARISH LIFE



Mass Celebration • Big Breakfast by Knights of Columbus • PPC and Finance Presentation

I wanted to say "thank you" for a number of things from last weekend. Firstly, thank you for coming out to celebrate our feast day on such a cold weekend! Thank you for sticking around after Mass to hear and share in all that God has done and continues to do. Our Parish Pastoral Council and Finance Councils had hoped that the presentations would be received well, and the feedback seemed positive and that you appreciated the information. We're still going over the feedback forms you submitted and will discuss them in February when we meet again. That being said, you don't need to wait until next year's feast and presentation to give us feedback - we only received about 30 forms back and would love to hear from more people. Always feel free to contact any of us or myself with questions, suggestions, or comments you have. The online form will continue to be up on our website in case you'd like to use that or just contact us more directly through email. And thanks to our Knights of Columbus council who made our parish feast all the more special with their delicious breakfast!

Our Grand Knight, Ray Chartrand, also wanted to thank Parrish Heimbecker for the pancake donation, and everyone who came out for the pancake breakfast and make it a success. Around 200 people were served, and they collected about \$1000 which will be donated to our own SSVP council for hampers and helping those in need.

On a more personal note, I wanted to also express gratitude for your joyous and gracious response to the news that I will continue to be pastor here for another 3 years until July 31, 2029. I look forward to continuing to build on the momentum we have going in our parish toward new and greater things, collaborating with leaders in our parish, and helping our parish truly become a place where all can encounter the Living Christ. For the next 3.5 years that I'm here, what do we want to accomplish together? What do we want to work on? Let us know.

I am, in our Lord, yours.
Fr. Brian Trueman



Grief Support Group Coffee every 2nd and 4th Tuesday of the month starting Feb. 10

The Grief Ministry Group offers a drop-in support/coffee group **every second and fourth Tuesday of the month, from 1:30 pm - 3:00 pm**, in the parish library. As grieving can be an isolating time in our lives, having someone to share our feelings and experiences with, can help in our healing. The first gathering will begin on Tuesday February 10, 2026. No registration is required. Any questions please email the parish office at info@st-timothy.ca.



Adult Faith Formation & RCIA: *Symbolon – The Faith of the Church*



It's not too late to join **every Saturday at 10:00 am** for our 16-part series exploring the beauty and depth of the Catholic faith! Guided by the Creed, *Symbolon* covers Catholic history, core teachings, the sacraments, and inspiring stories of the saints—helping you understand, live, and share your faith with confidence.

If you'd like to catch up (optional), the first two episodes are available here: [Watch on FORMED](#) ↗

Next Session – Ep 3: "Creator of Heaven and Earth"

Discover how humans, uniquely made to be in communion with God, are affected by Original Sin and how this relationship shapes our lives today.

COMMUNITY NEWS



Catholic Missions of Canada Collection – February 1st, 2025

Founded in 1908, Catholic Missions of Canada exists to advance and sustain the Catholic Faith in remote and poor mission communities across Canada. Catholic Dioceses across the country can apply for funding to subsidize the areas of their dioceses that are isolated, remote, or fly-in communities with few people and high unemployment. For the Archdiocese of St. Boniface, funds provided by Catholic Missions of Canada helps with **the maintenance of churches in our Indigenous communities, supports the missionaries present in these communities, as well as religious education programs**. The Archdiocese of St. Boniface also receives a grant that supplements your **support towards the education of our seminarians**. We ask you to give generously to Catholic Missions of Canada on February 1st using the special envelope in your bundle or simply by noting **CMIC donation** on your cheque put in the collection basket.



Health Care Workers Mass – February 11, 2026

Special Invitation: Mass for All Healthcare Workers & World Day of the Sick On **Wednesday, February 11, 2026, at 7:00 PM**, the five Catholic Arch/dioceses of Manitoba will come together at St. Gianna Beretta Molla Parish (15 Columbia Drive, Winnipeg) for a special Mass of Appreciation.

- **Who is invited?** All healthcare workers, their families, and the faithful of Manitoba. Healthcare workers of all faiths and backgrounds are cordially invited to join us for this time of prayer and solidarity. .
- **Concelebrants:** Archbishop Murray Chatlain, Metropolitan Lawrence Huculak, Archbishop Albert LeGatt, Most Rev. Susai Jesu, OMI, and Bishop Andriy Rabiy.
- **Special Presentation:** During this event, the Bishops of Manitoba will present the new pastoral letter, "Finding Solace in Faith." This document serves as a guide for Catholics on end-of-life issues, providing essential information on how to navigate these moments with dignity and according to our Catholic faith.
- A fellowship **reception** will follow the Mass. Those wishing to attend the fellowship reception are kindly asked to pre-register, to assist with hospitality planning. Register here: <https://www.eventcreate.com/e/hcwmass>

Pope Leo XIV's message for the 34th World Day of the Sick, which will be celebrated on Wednesday, 11 February 2026, offers a reflection on the theme "The compassion of the Samaritan: loving by bearing another's pain".

Please join us to honour those who serve and to seek God's blessing for the sick and their healers. For the poster, [click here](#).

Friends in Faith – Connection Café – February 2, 2026

7:00 pm at Mary, Mother of the Church | 85 Kirkbridge Drive



Inviting all people looking for spiritual support to get through life's challenges. Each monthly event features a practical life or wellness topic, discussion, prayer, fellowship and refreshments. February's topic will be **Live Your Best Life in Love**, presented by **Worldwide Marriage Encounters**. Couples, please join us for an informative evening and workshop which will focus on 4 essential ingredients for a healthy and life-giving relationship. Please arrive early. Cost is goodwill offering. See mmoc.ca for more info and [to register](#). For poster, [click here](#).